GRADE 7.12 – H1. Name: _____. Class: _____

I. Nối

A	B
1. get	**a.** the flu
2. keep	**b.** your hands
3. exercise	**c.** sleepy
4. have	**d.** fit
5. wash	**e.** your teeth
6. brush	**f.** a mask
7. avoid	**g.** a lot of fruit
8. wear	**h.** sunburnt
9. eat	**i.** indoors
10. feel	**j.** crowds

II. Chia động từ

1. You can _____ some diseases by keeping yourself clean.

A. do B. have C. get D. avoid

2. Sunscreen, _____, hats and gloves can protect sensitive skin from sunburn.

A. chapped lips B. red spots C. lip balm D. dry hair

3. I'm always on a diet because I _____ on weight easily.

A. put B. affect C. keep D. cause

4. You should throw your _____ clothes in the washing machine.

A. new B. old C. tidy D. dirty

5. She is going to see the doctor because she has _____.

A. a vitamin B. an exercise C. a headache D. a diet

6. Scarlet dislikes _____ such as chips, sweets and fizzy drinks.

A. vegetables B. junk food C. seafood D. fruits

7. There are about fifty _____ in an apple.

A. materials B. calories C. energies D. vegetables

8. The key for them to _____ fit is jogging three kilometres every morning.

A. put B. avoid C. affect D. keep

9. My cousin is getting sick. He feels weak and _____.

A. tired B. heavy C. good D. strong

10. Soft drinks can be _____ to children's teeth.

A. fit B. active C. harmful D. fresh

III. Viết lại câu

1. He is strong. He is confident.

- He is _____

2. The lawn is green. The lawn is fresh.

- The lawn is _____

3. I should go. I should see a doctor.

- I should _____

4. She doesn't eat potatoes. She doesn't eat onions.

- She doesn't _____

5. You should go home. You should rest.

- You should _____

LIVEWORKSHEETS