

UNIT 7 — Activities

LESSON 2 | Top Notch Fundamentals – Workbook, p. 38

6 On a typical weekday, do you ... ? Check always, usually, sometimes, or never.

	always	usually	sometimes	never
1. eat breakfast	☐	☐	☐	☐
2. watch TV in the evening	☐	☐	☐	☐
3. take a shower at night	☐	☐	☐	☐
4. read after 10:00 P.M.	☐	☐	☐	☐
5. exercise in the morning	☐	☐	☐	☐
6. take a nap in the afternoon	☐	☐	☐	☐
7. go out for lunch	☐	☐	☐	☐

On a typical weekend, do you ... ? Check always, usually, sometimes, or never.

	always	usually	sometimes	never
1. visit friends	☐	☐	☐	☐
2. go dancing	☐	☐	☐	☐
3. study	☐	☐	☐	☐
4. go to the movies	☐	☐	☐	☐
5. play soccer	☐	☐	☐	☐
6. check e-mail	☐	☐	☐	☐
7. go out for dinner	☐	☐	☐	☐

7 Look at your answers in Exercise 6. Write five sentences about your activities. Follow the model.

Example: *On weekdays, I usually exercise in the morning.*

1. _____.
2. _____.
3. _____.
4. _____.
5. _____.

8 Think about the leisure activities of family members and friends. Complete the chart.

Name / Relationship	Activity	Time expression	Frequency
<i>grandfather</i>	<i>take a nap</i>	<i>in the afternoon</i>	<i>usually</i>