

Ex 1: Match words 1-5 with definitions a-e

1. lead a busy life	a. To do something incorrectly or in an unintended way, often leading to errors or unintended consequences.
2. look ahead to	b. To live a life filled with many activities, tasks, or responsibilities, often resulting in little free time.
3. Make mistakes	c. To approach tasks or situations with patience, avoiding rushing or hurrying, often to reduce stress or mistakes.
4. take things slowly	d. Feeling mental or emotional strain and pressure due to challenges or demands in life or work.
5. Stressed	e. To think about or plan for future events or situations with anticipation or excitement.

<Audio> Ex 2: Listen and fill the blanks with

Are you busy? Do you 1. _____? It seems we get 2. _____ in our lives. I hate being busy. I'd much rather have nothing to do. Being busy 3. _____ and I end up 4. _____ or forgetting something. Who's the busiest person you know? I bet he or she is really stressed. The busy people I know 5. _____ their next holiday... and then in their holiday they are busy doing other things. I think we busy ourselves with too many things. We need to learn to 6. _____. Even at work we have to look busy, even if we're not. 7. _____, we tell our friends, "Look busy!" That's silly. It would be great if the word 'busy' 8. _____ the English language.