

Student's Worksheet

A healthy spirit in a healthy body!

A. Mark as healthy (H) or unhealthy (U):

- | | |
|---|--|
| 1. ____ to smoke cigarettes | 6. ____ to use a lot of sugar and salt |
| 2. ____ to get enough sleep | 7. ____ not to drink coffee |
| 3. ____ to have a lot of stress at work | 8. ____ to cut down on sweets |
| 4. ____ to go to the gym | 9. ____ to eat junk food |
| 5. ____ to eat a lot of vegetables | 10. ____ to practise yoga |

B. Match the words from the left column with the translations from the right column:

- | | | | | | |
|-------------------|--------------------------|-----------------------|-----------------|--------------------------|-------------------|
| 1. backache | ☐ | a) ból ucha | 9. heart attack | ☐ | i) ból zęba |
| 2. cold | ☐ | b) ból brzucha | 10. pneumonia | ☐ | j) przeziębienie |
| 3. cough | ☐ | c) gorączka | 11. rash | ☐ | k) zapalenie płuc |
| 4. earache | ☐ | d) katar | 12. runny nose | ☐ | l) ból gardła |
| 5. fever | ☐ | e) ból pleców | 13. sore throat | ☐ | m) kaszel |
| 6. flu | ☐ | f) zatrucie pokarmowe | 14. stomachache | ☐ | n) grypa |
| 7. food poisoning | ☐ | g) atak serca | 15. toothache | ☐ | o) ból głowy |
| 8. headache | ☐ | h) wysypka | | | |

C. Complete the dialogue by translating the words in brackets into English:

- | | |
|--|--|
| 1. | 2. |
| Doctor: Good morning. What's the matter? | Doctor: Good afternoon. What seems to be the problem? |
| Patient: My arm (1) h ____ (boli) a lot. | Patient: I've been (4) s ____ (kichać) a lot lately. |
| Doctor: Can you move your fingers? | Doctor: It might be an (5) a ____ (alergia). I will give you a |
| Patient: No, I can't. | (6) p ____ (recepta). |
| Doctor: I'm afraid your arm is | Patient: Is it (7) s ____ (poważne)? |
| (2) b ____ (złamane). You must go | Doctor: You'll get better after you take |
| to (3) h ____ (szpital). | the (8) m ____ (lekarstwo). |

Student's Worksheet

Are you a computer geek?

A. Name the items indicated in the pictures:

1. _____

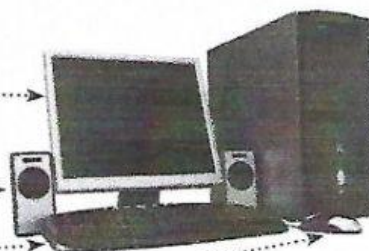
2. _____

3. _____

4. _____

5. _____

X tray



B. Complete the text by translating the words in brackets into English:

We are surrounded by technology. I don't even have to leave my house to find tens of examples. I use my (1) c _____ (komputer) almost every day, I listen to my MP3 (2) p _____ (odtwarzacz) when I tidy my room or make breakfast for myself. Talking about tidying, a (3) h _____ (odkurzacz) is another (4) i _____ (wynalazek) I use.

We have a (5) s _____ (telewizja satelitarna) and a (6) p _____ s _____ (ekran plazmowy) in our living room, a (7) m _____ (kuchenka mikrofalowa) and a (8) d _____ (zmywarka) in our kitchen, each of us have their own

(9) m _____ p _____ (telefon komórkowy). We also have a (10) w _____ m _____ (pralka) in the bathroom. Technology is just everywhere.

C. Cross the odd one out:

1. experiment - research - test - scanner
2. physics - physical education - chemistry - archeology
3. reaction - element - cursor - molecule
4. plane - spacecraft - planet - universe
5. delete - print - discover - save
6. solid - gadget - gas - liquid

PHOTOCOPIABLE

Temat: Zdrowie

Polecenie: *kłębierz* poprawną odpowiedź: 1, 2 lub 3.

A. Powiedz, że masz katar.

1. My nose is bleeding.
2. My nose is cold.
3. I have a runny nose.

B. Powiedz, że boli cię brzuch.

1. My tummy is rumbling.
2. I have a stomachache.
3. I'm desperate to lose belly fat.

C. Powiedz lekarzowi, że chyba złamałeś rękę.

1. I don't want to break my arm.
2. I think I have broken my arm.
3. Perhaps you could hold my hand.

D. Zapytaj, gdzie jest najbliższa apteka.

1. Where is the nearest chemist's?
2. Is chemistry next?
3. The pharmacy is really close.

E. Zapytaj kolegę, czy widział gdzieś twoją receptę.

1. Have you seen my prescription?
2. Have you seen my recipe?
3. Have you seen my receipt?

F. Umów się na wizytę u Doktora Smitha.

1. I'd like to go on a date with Doctor Smith.
2. I'd like to make an appointment with Doctor Smith.
3. Could I visit Doctor Smith, please?

G. Poradź przeziębionemu koledze, co ma robić.

1. You have a terrible cold.
2. Could you buy me some tissues, please?
3. If I were you, I would stay in bed.

H. Poradź koleżance, co ma robić, żeby była w lepszej formie fizycznej.

1. You mustn't eat too much and you should take up some sport.
2. You have to eat more sweets and give up playing tennis.
3. I've heard that you want to be fit.

I. Poinformuj opiekuna wycieczki, że musisz brać lekarstwo dwa razy dziennie.

1. Give me two teaspoons of this syrup, please.
2. I must take this medicine twice a day.
3. You must take two pills every day.

J. Wy tłumacz koleżance, dlaczego przeszedłeś na dietę.

1. I've never been on a diet and I'm not planning to.
2. My doctor says I'm a bit overweight and I should go on a diet.
3. In my opinion diets are a waste of time.