

Listen again to each speaker. As you listen, complete the notes about each speaker's opinion on the topic.

Speaker A:

- Many people believe they have to (1) _____ and eat healthy food to live a long life. However, without good (2) _____, those habits don't matter.
- Enjoying yourself is key to a healthy life.
- People who are (3) _____ have longer lives.

Speaker B:

- Grandfather lived to 95 although he ate sugary food and never exercised, ate vegetables, or went to (4) _____.
- Compared to (5) _____, genes are more important.
- Not going to stop (6) _____, but won't focus too much on fitness.

Speaker C:

- Prefers good diet and exercise.
- It is better to stay healthy than taking the risk on good genes when you get sick.
- You have a higher chance to get a severe (7) _____ if you have bad health habits.

Speaker D:

- Children who are (8) _____ will not have long, healthy lives unless they give up on junk food, no matter how good their genes are.
- Prefers to be careful about their health.