

## LISTENING – SPEAKING 2

### MID-TERM TEST

Full Name:

Listen to Lena talking to a friend about some restaurants. What is the problem with each one?

Write a letter A-H next to each restaurant.

| Restaurants                            | Problems     |
|----------------------------------------|--------------|
| <input type="checkbox"/> Carla's Café  | A closed     |
| <input type="checkbox"/> Pizza Place   | B cold       |
| <input type="checkbox"/> Curry House   | C dark       |
| <input type="checkbox"/> Captain Crab  | D expensive  |
| <input type="checkbox"/> Carlton Hotel | E full       |
|                                        | F noisy      |
|                                        | G small      |
|                                        | H unfriendly |

### FACTS ABOUT YOUR BRAIN

You are going to hear a podcast about the effects of exercise on the brain.  
Write T for *True* or F for *False*.

- \_\_\_\_ Aaron is the expert on the brain.
- \_\_\_\_ BDNF is the chemical that is produced when you exercise.
- \_\_\_\_ Neurons move electrical and chemical signals around your body.
- \_\_\_\_ When neurons get the same message from the brain again and again, it makes their connections stronger.
- \_\_\_\_ You can get BDNF from your doctor.

**Listen to excerpts from the podcast. Connect the ideas to the correct reason or explanation.**

Your daily workout can make you smarter because \_\_\_\_

You have thoughts or perform actions because \_\_\_\_

Practicing something helps you learn because \_\_\_\_

BDNF helps neurons connect, so \_\_\_\_

a. chemical and electrical signals move throughout your body.

b. it helps forms connections between neurons.

c. after exercise, your body produces a chemical that helps you learn.

d. this is how it makes it easier for us to learn.

**Listen and complete the sentences from the podcast with the linked words you hear.**

BDNF helps neurons connect, so \_\_\_\_\_ how it makes it easier for us to learn—to bring this back to my earlier point.

-----THE END-----