A day in my life

A. VOCABULARY: Routine

Complete the sentences with the CORRECT FORM of the verbs.

1. I usually _____ at 6:30 a.m. every weekday.
2. After I get up, I _____ and wash my face.
3. I always _____ in the morning. Eggs and coffee.
4. My father _____ by bus every morning.
5. My little brother _____ at 8:00 a.m.
6. I usually _____ at 12:30 in a cafeteria at school.
7. After work, my mother _____ at around 6:00 p.m.
8. We usually _____ together at 7:30 p.m.
9. Before I _____, I always brush my teeth and _____.
10. I usually _____ at about 10:30 p.m.

brush my teeth
have a shower
have breakfast
wake up
go to bed
go to work
have lunch
have dinner
go home
go to school
sleep

B. GRAMMAR: Adverbs of frequency

Underline the correct words to complete the sentences.

1. I **catch usually / usually catch** the bus to school, but I am always always am there by 7:30.
2. Jane **sometimes watches/watches sometimes** TV after dinner and then she **often reads / reads often** a book before she goes to bed.
3. My father **goes always / always goes** to bed very early because he **is usually / usually is** tired by 10 o'clock.
4. I **often am / am often** at work before 9 o'clock and I **don't finish usually / don't usually finish** work until 7 o'clock.

Miguel has a very busy timetable. Use the information in the table to complete the sentences.

1. Miguel goes to school six times a week.
2. He _____ math _____ week.
3. He _____ basketball _____ week.
4. He _____ swimming _____ week.
5. He _____ TV _____ day.
6. He _____ his grandparents _____ week.
7. He _____ band practice _____ week.
8. He _____ as a waiter in the café _____ week.

How often do you do these activities?	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1 go to school		✓	✓	✓	✓	✓	✓
2 study math			✓		✓		
3 play basketball		✓		✓			✓
4 go swimming	✓	✓	✓		✓		
5 watch TV	✓	✓	✓	✓	✓	✓	✓
6 visit your grandparents	✓						
7 have band practice		✓		✓		✓	
8 work as a waiter in the café						✓	✓

1x once a ...
2x twice a ...
3x three times a ...
every

LIVEWORKSHEETS