

Exercise 3

Fill the gaps with parts of the body to complete the idioms in these sentences.

- 1 She knows there's a problem but she chooses to bury her head in the sand.
- 2 Sometimes you have to bite your _____ to avoid upsetting someone.
- 3 When it's someone in the family who is in trouble, you can't turn your _____ on them.
- 4 It broke his _____ when his wife died.
- 5 I don't see _____ to _____ with Michael on a lot of different subjects.
- 6 Your dad will drive you there if you twist his _____.
- 7 Your boss has been treating you badly. It's time to put your _____ down!
- 8 Could you give me a _____ moving these chairs, please?

Exercise 4

Match the pictures on the right (a-h) with the idioms relating to food or eating below (1-8). Listen and check.

- | | |
|---|-------------------------------------|
| 1 to bite off more than you can chew <u>b</u> | 5 to eat like a horse _____ |
| 2 the icing on the cake _____ | 6 to spill the beans _____ |
| 3 a couch potato _____ | 7 to have a lot on your plate _____ |
| 4 to cry over spilt milk _____ | 8 to not be your cup of tea _____ |



Exercise 5

Now read these sentences containing the same idioms and try to match them (1-8) with their meanings (a-h).

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|---|--|
| 1 I didn't want to tell anybody our news but then Ed spilled the beans! | a eats a lot |
| 2 Come and play soccer with me – don't be a couch potato! | b not something that you like |
| 3 My brother eats like a horse! | c told people information that was a secret |
| 4 She wants me to do a salsa class with her, but dancing is really not my cup of tea. | d has a lot of things she must do |
| 5 With her job and her studies, Emma already has a lot on her plate. | e tried to do too much or tried to do something that is too hard |
| 6 I was happy just to be part of the team, but winning the game today, well, that was the icing on the cake. | f a lazy person who spends too much time sitting and watching television |
| 7 I just don't think I can do this job. This time I've bitten off more than I can chew. | g feeling sad about something bad that you cannot change |
| 8 Yes, you made a mistake but now you have to get on with your life. It's no use crying over spilt milk. | h an extra good thing in a situation that is already good |

Use the words you've learned...

Use four or five of the idioms in this unit to describe people that you know or to describe something that happened to you.