UNIT 1 STEP FORWARD

1.1 LIFE CHANGES

1 VOCABULARY: Facing challenges

A **Complete the sentences with the words in the box.**

accept adapt resist survive tackle ~~underestimate~~ welcome

1 Law school students often ___underestimate___ the amount of homework they will get. It is usually more than they expected.
2 Marisol finally decided to _____ graduate school. She plans to start next year.
3 She didn't take the job because she couldn't _____ the low salary.
4 When Daniel moved from Boston to Phoenix, it took him a few months to _____ to the hot climate.
5 I did not think I would _____ my first year as a doctor because it was so difficult. Luckily, kind coworkers helped me get through it.
6 If you _____ making changes in your life, you won't grow or have new experiences.
7 My boss told me I was _____ to participate in the meeting.

B **Match the challenges with the correct solution.**

1 You can't take crowds. ___e___
2 You're capable of managing people. ___
3 You underestimated the amount of time you needed. ___
4 You're frightened of getting lost. ___
5 You got through medical school. ___
6 You want to take a step forward in your career. ___
7 You can't get a grip on Spanish. ___
8 You can't cope with studying for a higher degree. ___

a Study in Mexico.
b Use a good map.
c Don't go to graduate school.
d Look for training opportunities.
e Don't move to a big city.
f You expect to earn a good salary.
g You'll be a good boss.
h Schedule more time for the task.

2 GRAMMAR: Present habits

A **Circle the correct answer to complete each sentence.**

1 Ivan ___ friends easily. He'll meet a lot of new people when he moves.
   a tends to making
   (b) tends to make
   c is making
2 When I'm looking for a new job, ___ to as many companies as possible.
   a I'm applying
   b I applied
   c I apply

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3 I ___ trying to learn new skills. I think that's the key to success.
   a am constantly
   b tend to
   c constantly
4 When I take a difficult class, I ___ my professor for help at least once a week.
   a am asking
   b always asking
   c ask
5 I ___ for different ways to stay healthy. Yesterday, I went to a new exercise class.
   a always look
   b always looking
   c am always look
6 When ___ bored with my classes, I think about changing my major.
   a feel
   b I'm feeling
   c I'm feel

B **Complete the sentences using the correct form of the verbs in parentheses.**

1 I'm always wondering what my life will be like when I retire. (wonder, retire)
2 When she's _____ stressed, she usually _____ her friend Stephan for support. (feel, call)
3 He tends to _____ more after he _____ a new exercise routine. (eat, start)
4 I often _____ about changing my career to something completely different. (think)
5 He's always _____ his friends that they should travel if they ever _____ the chance. (tell, get)
6 I tend to _____ very excited for people when they _____ they're getting married. (get, announce)
7 He's always _____ for new opportunities to make money and will _____ all of his friends to support him. (look, ask)

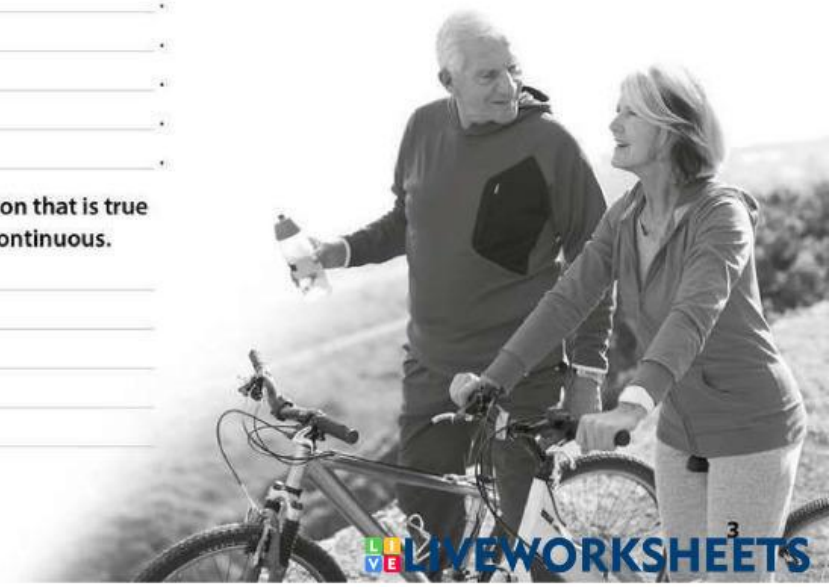
3 GRAMMAR AND VOCABULARY

A **Complete the sentences so that they are true for you.**

1 I tend to resist trying new kinds of food.
2 I usually underestimate _____.
3 I'm feeling encouraged by _____.
4 I survive difficult times by _____.
5 I'm always adapting to _____.
6 I tend to accept _____.

B **Write three more sentences with information that is true for you. Use *tend to, will,* and the present continuous.**

_____
_____
_____
_____
_____



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