

## PETER'S ROUTINE



He is talking to his friend Lucy about his daily routine. Read their conversation to see how they manage their good and bad habits and **complete it with the correct form of the verb in the present simple**. Use the verbs in brackets () to fill in the blanks.

**Lucy:** Hey Peter! How's the new music album going? You look tired.

**Peter:** Hey Lucy. Yeah, I'm exhausted. I \_\_\_\_\_ (not sleep) well these days.

**Lucy:** Really? Why? What time do you go to bed?

**Peter:** I finish my concerts late, so I \_\_\_\_\_ (go) to bed at 3:00 AM. Then, I \_\_\_\_\_ (not wake up) early, and I miss the morning sunshine.

**Lucy:** Oh, Peter, that's a bad habit! You need a better routine. Do you exercise?

**Peter:** Yes, I do! I \_\_\_\_\_ (go) to the gym three times a week and I \_\_\_\_\_ (do) exercise. That helps a lot. But my diet is terrible. I \_\_\_\_\_ (not cook) dinner; I just \_\_\_\_\_ (eat) fast food after my shows.

**Lucy:** Oh, no. Fast food gives you a lot of heavy energy before bed. Look at me—I \_\_\_\_\_ (not eat) junk food at night. I always \_\_\_\_\_ (make) a vegetable soup.

**Peter:** I know. What about Tom? He \_\_\_\_\_ (not cook) either, right?

**Lucy:** No, Tom \_\_\_\_\_ (play) video games all day and he \_\_\_\_\_ (drink) a lot of soda instead of water. It's so unhealthy.

**Peter:** Wow. At least I \_\_\_\_\_ (not drink) soda, and I \_\_\_\_\_ (drink) water every morning.

**Lucy:** That's true! You \_\_\_\_\_ (have) some good habits, Peter. You just need to change the bad ones. Come on, let's go for a walk.