READING ACTIVITY

MY DAILY ROUTINE

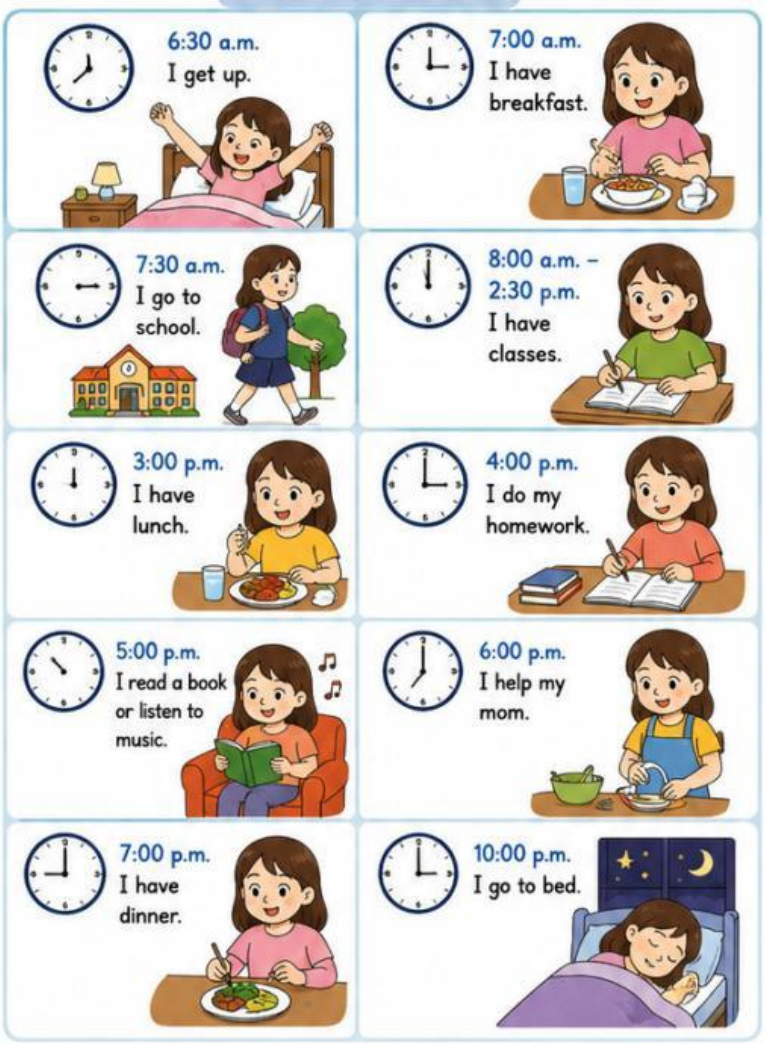
Read the text carefully.

Hi! My name is Anna. I am 13 years old. I have a busy but happy day. I always get up at 6:30 a.m. I wake up, make my bed and take a shower. Then, I have breakfast with my family at 7:00 a.m.

I go to school at 7:30 a.m. School starts at 8:00 a.m. I have classes until 2:30 p.m. After school, I come home and have lunch at 3:00 p.m. Then, I do my homework and study for an hour.

In the afternoon, I usually read a book or listen to music. I also help my mom with the house. I have dinner at 7:00 p.m. After dinner, I watch TV for a while and talk with my family. I go to bed at 10:00 p.m. I think a good routine helps me stay healthy and do well in school.

A DAY IN MY LIFE



A. TRUE OR FALSE

Write True or False.

1. Anna gets up at 7:00 a.m. _____
2. She has breakfast with her family. _____
3. School finishes at 3:00 p.m. _____
4. She does her homework after dinner. _____
5. She goes to bed at 10:00 p.m. _____

B. MULTIPLE CHOICE

Choose the correct answer.

1. **What time does Anna go to school?**
   a) 6:30 a.m. b) 7:30 a.m. c) 8:00 a.m.
2. **What does Anna do in the afternoon?**
   a) She watches TV all day.
   b) She reads a book or listens to music.
   c) She plays video games.
3. **What time does Anna have dinner?**
   a) 6:00 p.m. b) 7:00 p.m. c) 8:00 p.m.

C. SHORT ANSWER

Answer the questions.

1. What time does Anna get up? _____
2. What does she do after school? _____
3. Why does Anna think a good routine is important?
   _____

REMEMBER!

A daily routine is the **things we do every day.**
It helps us organize our time and have a healthy life.

LIVEWORKSHEETS