

06/ Body and hand actions

Words you need...



► to stand up



► to sit down



► to lie down



► to fall over



► to turn around



► to balance



► to climb



► to hug



► to jump

Phrasal verbs



Five of the verbs in the pictures above are phrasal verbs. Phrasal verbs are formed from a verb and a particle but have a single meaning. Unit 49 of this book will help you learn some more common phrasal verbs.

Exercise 1

Match the first part of each sentence (1–6) with the second (a–f).

- | | |
|------------------|---|
| 1 I sat down | a and hurt my knee. |
| 2 I fell over | b at the table. |
| 3 I lay down | c to go and talk to her. |
| 4 I turned round | d to see what had made the noise behind me. |
| 5 I stood up | e on my hand. |
| 6 I balanced | f on the bed. |

Exercise 2

Use verbs to complete the sentences. Make sure that you use the correct form of the verbs.

- 1 She was balancing on one leg.
- 2 One of the boys was _____ up the wall.
- 3 The children _____ when the teacher walked into the room.
- 4 She seemed really upset so I _____ her.
- 5 The children were _____ up and down, shouting with excitement.
- 6 There's a chair there. Why don't you _____ ?