

5 What would Lily text to a friend while she was away on the course?

A

I don't think Dad was sure before he came that he'd enjoy it – but actually, he's been braver than me!

B

I wanted to do the coasteering course, and mentioned it to my parents before my birthday. But I never expected they'd let me go!

C

Our session before the activities was great, although I really didn't think I'd need a wetsuit for the cold – and I was right!

D

Going into caves was amazing. I'd love to explore them by myself when we're next at the beach – I'm sure my parents will let me!