

Handout 1: Reading Text - Technology in Everyday Life

In our daily lives, technology plays a very important role. We wake up to the sound of an alarm on our phone, a device that we carry with us all day. It not only tells us the time but also keeps us connected with friends and family. Through messages and calls, we share news and plan our days.

During breakfast, many of us read the news on a tablet or listen to music from a streaming service. The smart fridge in the kitchen tells us when we are running low on milk or eggs. It is clear that gadgets and machines are very helpful in our homes.

When we leave the house for work or school, we might use a car that helps us find the way. The GPS system uses satellites to show the best route on a screen. Buses and trains also use technology to run on time and keep passengers safe. It is easy to see that travel has become faster and more comfortable because of technology.

At work, almost everyone uses a computer to do their tasks. We send emails instead of letters and create documents without using any paper. Meetings are often held through video calls, and this allows people to work together from different places. It saves a lot of time and makes communication easier.

After work, many people relax by watching shows on a flat-screen TV or playing games on a console. The internet gives us access to a huge amount of films, songs, and games. We can enjoy these alone or share them with others, even if they are far away.

Before going to bed, we might read a book on a digital reader that can hold hundreds of books in one place. We set the next day's alarm on our phone and go to sleep.

Technology is with us from the moment we wake up until we go to bed. It makes our lives easier and brings us closer to the people we love.