

SINCE, FOR, ALREADY, YET, OR JUST?

HEALTHY HABITS

Complete the sentences with: since – for – already – yet – just

1. I've exercised every morning _____ three weeks.
2. She has _____ finished her yoga class.
3. We haven't eaten any fast food _____.
4. He's drunk two liters of water _____ today.
5. They've lived a healthier lifestyle _____ January.
6. Have you prepared your healthy lunch _____?
7. I've had this fitness app _____ six months.
8. My brother has _____ started going to the gym.
9. She hasn't gone to bed late _____ this week.
10. We've been friends and workout partners _____ high school.
11. I have _____ tried a new smoothie recipe.
12. They haven't completed the 30-day fitness challenge _____.
13. My parents have walked every evening _____ they retired.
14. Have you taken your vitamins _____?
15. He's followed a vegetarian diet _____ five years.
16. I've _____ come back from a morning run.
17. She has practiced meditation _____ 2024.
18. We have _____ joined a local sports club.
19. They haven't skipped breakfast _____ a long time.
20. Our teacher has encouraged us to stay active _____ the beginning of the school year.

