

PRESENT SIMPLE – DAILY ROUTINES

READING COMPREHENSION



Name: _____ Class: _____ Date: _____

A. READING

Read the text carefully.

Sophia's Daily Routine

Sophia is sixteen years old and lives in Chunchi with her parents and her younger brother.

Every weekday, she wakes up at 6:00 a.m. She makes her bed, brushes her teeth, takes a shower, and gets dressed. At 6:30 a.m., she has breakfast with her family. She usually eats bread, cheese, and drinks a glass of fruit juice.

At 7:00 a.m., Sophia goes to school by bus because her school is far from home. Classes begin at 7:30 a.m. Her favourite subjects are English and Biology because she enjoys learning new things.

During the break, Sophia talks with her classmates and sometimes plays volleyball. She also drinks water and eats a healthy snack.

School finishes at 1:30 p.m. After school, she goes home, has lunch, rests for a short time, and then does her homework. She also helps her mother clean the house.

In the evening, Sophia has dinner with her family. Afterwards, she watches television or reads a book. Before going to bed, she brushes her teeth. She usually goes to bed at 10:00 p.m.

Sophia likes her daily routine because it helps her stay healthy, responsible, and organized.

B. MULTIPLE CHOICE

Choose the correct answer.

1. What time does Sophia wake up?

- ☐ a) 5:30 a.m.
- ☐ b) 6:00 a.m.
- ☐ c) 7:00 a.m.
- ☐ d) 8:00 a.m.

2. How does Sophia go to school?

- ☐ a) By bicycle
- ☐ b) On foot
- ☐ c) By bus
- ☐ d) By car

3. Which subjects does Sophia like the most?

- ☐ a) Mathematics and Science
- ☐ b) English and Biology
- ☐ c) History and Art
- ☐ d) Music and English

4. What does Sophia usually do after dinner?

- ☐ a) She plays volleyball.
- ☐ b) She does her homework.
- ☐ c) She watches television or reads a book.
- ☐ d) She studies Biology.

C. TRUE OR FALSE

Read the statements and write T (True) or F (False).

- | | T | F |
|---|--------------------------|--------------------------|
| 1. Sophia goes to school on foot. | ☐ | ☐ |
| 2. Sophia helps her mother clean the house. | ☐ | ☐ |
| 3. Sophia goes to bed at 10:00 p.m. | ☐ | ☐ |

D. MATCHING

Match the activities with the correct time.

1. Wake up

2. Have breakfast

3. Go to bed

a. 10:00 p.m.

b. 6:00 a.m.

c. 6:30 a.m.