

# Present Simple

## Adverbs of Frequency

We use the Present Simple for habits and routines.

### RULES

#### Present Simple Affirmative

|                 |                   |
|-----------------|-------------------|
| I / You         | listen to music.  |
| He / She / It   | listens to music. |
| We / You / They | listen to music.  |

#### Adverbs of Frequency

##### Adverb + verb

I **always** have breakfast.  
They **never** get up late.

##### Adverb + to be

I am **always** happy.  
They are **never** late.

### 1 Circle the correct answer.

- Jen *watch* / *watches* TV after dinner.
- Alex *do* / *does* his homework in his room.
- Lucas and Alex *play* / *plays* football in the park.
- Jen and Alex *get up* / *gets up* late.
- Lucas's mum *listen* / *listens* to music in the kitchen.
- Lucas *go* / *goes* to school with Jen and Alex.

### 3 Write sentences about Sam.

- I have breakfast at 7 o'clock.

**Sam has breakfast at 7 o'clock.**

- I go to school with my sister.

- I do my homework before dinner.

- I watch TV after dinner.

- I play football with my friends.

### 2 Complete the sentences. Put the verbs in the correct form.

- My brother and I \_\_\_\_\_ (like) orange juice but my sister \_\_\_\_\_ (drink) milk.
- Mum and dad \_\_\_\_\_ (watch) TV and my sister and I \_\_\_\_\_ (play) computer games after dinner.
- Rob \_\_\_\_\_ (tidy) his room and he \_\_\_\_\_ (help) in the kitchen too.
- Sue \_\_\_\_\_ (have) sandwiches for lunch. She \_\_\_\_\_ (eat) them in the classroom.
- I \_\_\_\_\_ (hang out) with my friends after school. Then I \_\_\_\_\_ (have) dinner.
- Harry \_\_\_\_\_ (do) his homework and then he \_\_\_\_\_ (watch) TV.

### 4 Rewrite the sentences. Use the word in brackets.

- I'm busy on Saturdays. (often)  
**I'm often busy on Saturdays.**
- Kit helps me at home. (often)
- Uncle Roberto visits me. (sometimes)
- I cook dinner. (never)
- Kit is happy. (always)
- Kit and I have fun. (usually)

### 5 Complete the sentences with adverbs of frequency.

- Jack ☐ ☐ ☐ ☐ sometimes cycles to school.
- Emma ☐ ☐ ☐ ☐ ☐ has breakfast at home.
- Pete ☐ ☐ ☐ ☐ does his homework in his bedroom.
- I ☐ ☐ ☐ ☐ play in the park.
- We ☐ ☐ ☐ ☐ watch TV in the morning.
- My parents ☐ ☐ ☐ go out with their friends.

You're doing great! ♥