PRESENT SIMPLE OR PRESENT CONTINUOUS? HEALTHY HABITS

Fill in the blanks with the correct form of the verb in brackets in the Present Simple or Present Continuous.

1. Emma usually _____ to have a healthy breakfast before school. (love)
2. Look! Ben _____ water after football practice. (drink)
3. My brother _____ vegetables every day because they are good for him. (eat)
4. Right now, we _____ in the park to stay fit. (run)
5. They never _____ energy drinks during the week. (buy)
6. Listen! Dad _____ a healthy vegetable soup for dinner. (cook)
7. Sarah _____ to the gym three times a week. (go)
8. At the moment, the children _____ outside instead of watching TV. (play)
9. I always _____ my teeth after every meal. (brush)
10. Be quiet! The baby _____ now because he needs rest. (sleep)
11. My grandparents _____ for a walk every evening after dinner. (go)
12. This week, our teacher _____ us how to make healthy snacks. (teach)
13. Tom rarely _____ fast food because he prefers homemade meals. (eat)
14. Right now, my sister _____ yoga in the living room. (do)
15. We usually _____ eight glasses of water a day. (drink)
16. Today, I _____ a fruit salad for lunch. (make)
17. Lucy often _____ enough sleep during the school week. (get)
18. At the moment, the doctor _____ to the children about healthy habits. (talk)
19. My parents always _____ vitamins during the winter. (take)
20. Look! I _____ my bike to school today because it's sunny. (ride)



LIVEWORKSHEETS