PARTE 6

RESPONDA LAS PREGUNTAS 31 A 35 DE ACUERDO CON EL SIGUIENTE TEXTO

Lea el texto y seleccione la respuesta correcta
En las preguntas **31 - 35** marque **A, B, C o D** en su hoja de respuestas.

Habits to Take Advantage of My Mornings

I have to be honest here: I dislike mornings. In fact, for me, the most complicated part about morning is the process of waking up. I postpone the alarm many times, and it is a habit that I am definitely trying to give up. I am making an effort to become more of a morning person, and I'm totally sure there are lots of people who are in the same boat as me. So, these are some essential actions I've been implementing lately.

As much as I hate to admit that my parents and teachers were right, the idea of breakfast being the most important meal of the day might indeed be accurate. So, I eat a real breakfast. A few of my personal favorites are yogurt with peanut butter and banana, or salmon toast with an egg.

Writing and organizing responsibilities for the day has helped me to make sure that I don't miss anything. I make a to-do list for the day, and in my opinion, there are few things more satisfying than completing an activity and getting to cross it out of your to-do list.

Some people enjoy working out in the mornings, but I've identified I don't have the energy to work out early in the morning. If you feel alike, instead of forcing yourself to do workouts that don't benefit you, you can set the simple objective of exercising your body in some way each morning. I consider some great options for this are a brief yoga session or a little walk around the block.

31. What is the writer doing in the text?

A. Refusing healthy morning routines.
B. Arranging the morning routines of others.
C. Describing how she deals with her morning routine.
D. Arguing against her current routine.

32. In paragraph 1, what does the writer mean by: "In the same boat as me"?

A. People who experience the same issues in the morning.
B. People who have the same ambition she does.
C. People who want to quit a bad habit.
D. People who gain experience from waking up early.

33. In paragraph 2, what does the writer say about breakfast?

A. It is frequently shared with others.
B. It is made of fantastic types of food.
C. It is very important to start the day with it.
D. It is as necessary as other meals.

34. Paragraph 4 could be summarized with the title:

A. Fitness routine warnings.
B. Get your body moving.
C. Go to the gym every day.
D. Benefits of working out.

35: the perfect new routine for the writer's morning would be:

A
8 am: postpone the alarm.
9 am: exercise.
10 am: have breakfast.

C
8 am: have breakfast.
9 am: complete activities.
10 am: exercise.

B
8 am: exercise.
9 am: have breakfast.
10 am: do yoga.

D
8 am: have breakfast.
9 am: plan the day.
10 am: exercise.

LIVEWORKSHEETS

PARTE 6

RESPONDA LAS PREGUNTAS 120 A 124 DE ACUERDO CON EL SIGUIENTE TEXTO

Lea el texto y responda las preguntas.
En las preguntas **120 - 124**, marque **A, B, C o D** en su hoja de respuestas.

Taking a gap year

It can be stressful to find your place in this world. So many choices and decisions to make! Sometimes the best option is to hit the pause button and escape your routine. A gap year is the best way to do this. A gap year is a period of time when people take a break from their work or studies, before or in between high school or college. It can involve experiences that will change your future.

First, you can study a foreign language in the country and culture where it is spoken. If you travel abroad, you can regularly put your language skills to use by communicating with local people. Whether talking to a taxi driver, chatting with your neighbor, or making new friends, you will improve your pronunciation and vocabulary. Being bilingual will increase your chances of finding a job, earning a better salary, and even having better brain health.

Second, you can rest and explore new paths. If you feel bored and tired of your routine or you have doubts about your career, you can spend a gap year finding something that inspires you and gives you energy. Explore new hobbies and interests to make decisions about your life and your professional future. Remember that you will probably need the financial support of your family or partner.

Third, you can improve your CV. Gap years frequently involve multiple activities; besides hobbies you can also develop valuable skills. For instance, take classes, sign up for a short course, or do volunteer work in your neighborhood. This way, when the gap year is over you will feel confident to return to the job market.

120. What is the writer doing in this article?

- **A.** providing arguments for taking a gap year when necessary.
- **B.** presenting her experience of taking a gap year abroad.
- **C.** offering an explanation about who shouldn't take a gap year.
- **D.** demanding people to take a gap year as a professional path.

121. In paragraph 2, the writer mentions that a gap year can help you

- **A.** achieve cultural skills while saving money and working abroad.
- **B.** develop communication skills and promote healthy friendships.
- **C.** increase future career opportunities by learning a foreign language.
- **D.** gain a suitable position in your industry on an international level.

122. In paragraph 3, the writer mentions that, by taking a gap year, you will

- **A.** discover new meaning in life and switch your profession.
- **B.** solve your financial issues and earn money from your hobbies.
- **C.** develop personally and give your future a brand new shape.
- **D.** identify your life purpose and create a connection with your partner.

123. What advice is given for taking a gap year when you plan on working afterwards?

- **A.** Focus on developing a network in your neighborhood.
- **B.** Find the courage to search for better job opportunities.
- **C.** Do research and take a course on a hobby of your choice.
- **D.** Include useful activities to increase the skills on your CV.

124. If the writer were giving a presentation on this topic, a suitable announcement would be:

A.

Anxious about your professional future?
Travel abroad and find the best destinations to develop cultural skills
Thursday- Conference room 5

B.

Looking forward to having some spare time?
Take a career break and learn about the advantages of this opportunity
Wednesday- Conference room 3

C.

Unable to find a new job position?
Learn about the importance of speaking foreign languages
Tuesday- Conference room 1

D.

Having doubts about your profession?
Get financial support to switch your career path
Monday- Conference room 4

LIVEWORKSHEETS

PARTE 6

RESPONDA LAS PREGUNTAS 56 A 60 DE ACUERDO CON EL SIGUIENTE TEXTO

Lea el texto y responda las preguntas

En las preguntas **56 - 60** marque **A, B, C o D** en su hoja de respuestas.

My name's Lina, I'm 30 and I'm from South Africa. I'm not married but I have a child, Charles. I have always been interested in talking to new people, so I started working for a call center called Teletech in 2008. Teletech is an international company that helps the high number of unemployed workers in South Africa to find a job.

The first time I arrived at the office I told myself that this was a great company to work for. I was very excited when I started working there. I remember the offices were neat and had the best decorations. There was a relaxation area where employees were allowed even to sleep!

Once I started my training for the job as a call center agent, I made a promise to myself that I was going to get a better position in the company. This would be a way to feed my family. In my job, I got loads of training to improve my accent and conversation skills, as well as to offer the service I was assisting customers with.

In less than a year I was promoted to a quality specialist, but this didn't go as I expected. My salary basically stayed the same, and I no longer had the benefits given to customer agents. This meant that I was earning less. I had a strong argument with my manager about this, but there would always be excuses and promises that they would pay me more. This never happened.

You must know that working at Teletech put a lot of stress on my personal life. I worked very long hours and hardly saw my child. My relationship with my boyfriend was also affected.

46: What is the writer trying to do in this article?

A. persuade readers to get a job at her call center
B. express her frustration with her job at the call center
C. convince people that working in a call center is always positive
D. attack the call center so that they close it urgently

47: According to paragraph 2, what was Lina's first opinion about Teletech?

A. She judged the area as a cool location to work at.
B. She considered they spent too much money on luxuries.
C. She recognized workers there were too lazy.
D. She accepted her job included cleaning and organizing the place.

48: In paragraph 3, what was Lina's attitude about her new job opportunity?

A. She was informed she was going to get food for her children.
B. She happily noticed she'd be able to buy expensive items for her relatives.
C. She decided to work hard to be promoted and earn a better salary.
D. She felt proud about managing information of people looking for a job.

49: How did Lina react to her situation working at Teletech in paragraph 4?

A. She doubted about the challenges her new job offered.
B. She complained about not getting paid more money.
C. She wondered about what was going on with her boss.
D. She was worried about hurting her boss.

50: The best title for an article describing Lina's time working for Teletech would be:

A: The call: how to turn yourself into the best call center operator on the planet.

B: New challenges: call centers provide magnificent opportunities to single mothers.

C: Wrong number: how my journey as an operator in a call center was disappointing.

D: An expensive reply: why the most powerful call center officers always say "no".

LIVEWORKSHEETS

PARTE 7
RESPONDA LAS PREGUNTAS 36 A 45 DE ACUERDO CON EL SIGUIENTE TEXTO

Lea el texto y seleccione la palabra correcta para completar el espacio
En las preguntas **36 - 45** marque **A, B, C o D** en su hoja de respuestas.

EARTH DAY

OUR PLANET IS AN (0) ____PLACE, BUT IT NEEDS OUR HELP! THAT'S WHY, EACH YEAR ON APRIL 22, MORE THAN A BILLION PEOPLE CELEBRATE AND (36) _____THE PLANET AT THE SAME TIME BY TAKING PART IN SOME SIMPLE ACTIVITIES TO MAKE IT A (37) _PLACE TO LIVE. YOU CAN GET (38) __AS WELL BY FOLLOWING THE TIPS BELOW.

• THINK ABOUT (39) ____LITTER CAN BE RECYCLED OR REUSED, RATHER THAN BEING (40) ____AWAY IMMEDIATELY. YOU CAN ALSO LIMIT (41) ____BY BUYING FEWER THINGS.

• PLANT A TREE. THEIR SHADE CAN (42) _____THE USE OF AIR CONDITIONING IN HOTTER MONTHS. (43) _____ YOURSELF TO TAKE SHORTER SHOWERS, BUT STILL GET CLEAN!

• BECOME A VOLUNTEER TO PICK UP TRASH IN A PARK (44) ___. SHARE WITH OTHERS WHAT YOU'RE DOING AND ASK FOR THEIR HELP. BY TAKING ACTION AND INVITING OTHER PEOPLE, YOU'RE NOT JUST HELPING THE EARTH. (45) _____YOU'LL MAKE NEW FRIENDS TOO!

Ejemplo:

	A:	**incredible**	**B:**	**accurate**	**C:**	**original**	**D:**	**acceptable**
36:	A:	care	B:	encourage	C:	cover	D:	protect
37:	A:	worth	B:	common	C:	central	D:	fitting
38:	A:	prepared	B:	involved	C:	impressed	D:	qualified
39:	A:	whilst	B:	though	C:	whether	D:	unless
40:	A:	blown	B:	ran	C:	gone	D:	thrown
41:	A:	amount	B:	dirt	C:	garbage	D:	dust
42:	A:	reduce	B:	beat	C:	spoil	D:	damage
43:	A:	provide	B:	prove	C:	behave	D:	challenge
44:	A:	ahead	B:	opposite	C:	forward	D:	nearby
45:	A:	personally	B:	hopefully	C:	totally	D:	especially

LIVEWORKSHEETS