True or False Questions

1. Excessive screen time can negatively affect students' learning.
   Answer: True
   Evidence: "Excessive screen time can negatively affect students' learning."
2. Students always use their devices only for studying.
   Answer: False
   Evidence: "Instead of studying, they often spend time on games or social media."
3. Constant notifications can make students lose focus.
   Answer: True
   Evidence: "Constant notifications make it hard to stay focused on tasks."
4. Using screens late at night improves sleep quality.
   Answer: False
   Evidence: "Using screens late at night affects sleep quality."
5. Managing screen time can help students improve academic performance.
   Answer: True
   Evidence: "It helps students improve their learning and academic performance."

LIVEWORKSHEETS