G **Interview a partner. Write their answers.**

1. How many hours do you exercise a week? _____
2. How many hours do you sleep a night? _____
3. How many hours do you study a day? _____
4. How many meals do you eat a day? _____
5. How many days do you have class a week? _____

H **APPLY Write your goals. Use your answers in G to help you think of ideas.**

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Life ONLINE

Spell Checkers

A spell checker is a program that shows spelling mistakes in your work. These programs are helpful, but they aren't always correct. Always check your work yourself before making any changes.

For more information on using spell checkers, watch the Life Online video after Unit 8.

I **Look back at Unit 6. Complete the information for the *Health* section of your binder.**

Important Vocabulary

_____ _____

_____ _____

_____ _____

Questions and Sentences

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_____

LIVEWORKSHEETS