

1 Complete the phrases with the verbs in the box.

brush	check	clean	get	have
leave	prepare	put	tidy	wake

- 1 clean your teeth
- 2 _____ up
- 3 _____ your hair
- 4 _____ your room
- 5 _____ on your shoes
- 6 _____ your messages
- 7 _____ breakfast
- 8 _____ the house
- 9 _____ dressed
- 10 _____ your school bag

2 Complete the spaces to make food words.

- 1 c h e e s e
- 2 c e _____
- 3 v _____
- 4 y _____
- 5 c _____
- 6 a _____
- 7 h _____
- 8 b _____
- 9 t _____

3 Match the food words from Exercise 2 with the definitions below.

- A These are good for you and can grow in the garden, e.g. potatoes and beans. 3
- B It's yellow or white and we often put it inside a sandwich. _____
- C You use this to make toast. _____
- D You have this with milk for breakfast. _____
- E It's made from milk. We often put fruit or sugar with it. _____
- F Bees make this. _____
- G This is a round vegetable. It's got leaves and can be green. _____
- H They are red and round. We often put them in a salad. _____
- I This is a tropical fruit with a hard, green skin. _____

PRONUNCIATION | The sound /ə/

4 Which words have the sound /ə/? Listen and write the words in the table. Then, listen again and check.



/ə/	No /ə/
<u>avocado</u>	<u>bread</u>
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

5 Put the words in the correct order to make sentences.

- 1 I / my teeth / after breakfast. / clean
 _____ *I clean my teeth after breakfast.*
- 2 hair. / gets / and / She / dressed / then brushes / her

- 3 am / I / my / moment. / tidying / at / room / the

- 4 usually prepare / school bag / He doesn't / evening. / his / in the

- 5 leaving / house / is / She / now. / the

- 6 moment, / At the / on / I am / my / shoes. / putting

- 7 check my / wake up. / messages / when I / I always

6 Complete the text. You have the first letter of each missing word.

My morning routine

I wake ¹u p_____ at six o'clock. I ²g_____ dressed, brush my ³h_____ and then I have ⁴b_____. I usually have ⁵h_____ chocolate, toast with ⁶j_____ and a ⁷y_____ for breakfast, but sometimes I have ⁸c_____ with milk. After breakfast, I ⁹p_____ my school bag and clean ¹⁰m_____ teeth. Then, I ¹¹p_____ on my shoes and ¹²l_____ the house at eight o'clock.