2C VOCABULARY AND SKILLS At a glance

Reading

1 Read the article about body language and match headings 1–4 to paragraphs A–D.

1 It's a small world ___
2 Don't jump to conclusions ___
3 First impressions ___
4 The rules of attraction ___

2 Read the article again and decide whether these sentences are true (T) or false (F).

1 [F] People don't usually form an opinion of someone before they've spoken to them.
2 [ ] People everywhere nod their head to say 'yes' and shake their head to say 'no'.
3 [ ] It is impossible to smile properly if you don't feel like it.
4 [ ] If we are attracted to someone, we often try to copy what they are doing.
5 [ ] The most universal form of communication is one we're not usually aware of.
6 [ ] Body language doesn't always mean what you think it does.

Word building (1): suffixes VOCABULARY 2.3

3 Complete the sentences with the correct form of the word in brackets. All the words are in bold in the article.

1 I try not to make *judgements* about people just because of what they are wearing. (judge)
2 The new job I've been offered will give me a lot more _____ (responsible)
3 Do you have a _____ about where to have the meeting next week? (prefer)
4 I only have the _____ to do and then the report will be finished. (conclude)
5 A lot of these expressions _____ from other languages. (origin)
6 You should speak with more _____ if you want them to believe you! (convince)
7 That's a _____ unusual idea that you just came up with. (real)
8 What I just said to her wasn't intended as a _____ of her work. (criticise)
9 Unless you take off that hat, you won't be _____ at all. (recognition)

READING THE SIGNS

A Most experts agree that it only takes between 90 seconds and four minutes to decide what we think about someone. And in fact, 80% of the time, we reach a **conclusion** about someone based on body language, before that person has even opened their mouth! Of course, what you say later will matter, and this is your **responsibility**. However, you do need to get the body language right straight away or people won't stay around long enough to find out how fascinating you really are!

B Many gestures, such as how you say 'yes' or 'no', **originate** from a specific country, but others are universal. For example, all people wrinkle their noses and raise their top lip to show dislike or **criticism**. Everyone knows what a smile is, too, and when you're only pretending to smile. This is because muscles around the eyes are linked to the emotional part of your brain, so they only work when you really mean it. Also, to have any **conviction**, a smile will fade after a few seconds. Fake smiles tend to last much longer.

C There are also signals to tell us whether someone is attracted to us. When someone flirts with you, they will make eye contact. This **preference** is shown by enlarged pupils and they will blink more often. Admirers will also mirror your behaviour, often unconsciously. So if you lean forward or take a sip of a drink, you will find that they will do the same. However, there is another gesture we are probably unaware of, but which is used by every culture on Earth and which some experts claim is the most instantly **recognisable** non-verbal human greeting. When we first see someone we find attractive, our eyebrows rise and fall and if they feel the same, they raise their eyebrows, too. It's not surprising if you have never noticed this, since the whole process only lasts about a fifth of a second!

D However, don't make **judgements** about people on just one thing! Look for at least four signals. Sitting with their arms crossed might look as if someone is being defensive, but it might **really** mean they're feeling cold!

LIVEWORKSHEETS