GRAMMAR Present continuous and present simple

1 **Look at the examples from the listening. Write *simple* or *continuous*.**

Present _____
Today, I'm talking about my morning routine.
I'm having cereal with fruit today.
At the moment, I'm wearing my favourite T-shirt.
I'm leaving the house now.
I'm not wearing my uniform today.

Present _____
I never have a shower in the morning.
I always check my messages in the morning.
I sometimes have toast and butter.
I usually wear my uniform.
I don't usually have a shower in the morning.

2 **Complete the rules with the underlined words.**

We often use the **present simple** with words like _____, _____, _____ and _____.
We often use the **present continuous** with words like _____, _____ and _____.

UNIT 2 PRESENT CONTINUOUS AND PRESENT SIMPLE

PRESENT SIMPLE

Positive	I/You/We/They **play** volleyball. He/She/It **goes** running.
Negative	I/You/We/They **don't paint** pictures. He/She/It **doesn't write** poems.
Questions	Do I/you/we/they **sit** near the window? Does he/she/it live near here?
Short answers	Yes, I/you/we/they **do**. No, I/you/we/they **don't**. Yes, he/she/it **does**. No, he/she/it **doesn't**.

We use the **present simple** to talk about things we do often or every day.
*I **play** football after school every day.*
*He **doesn't go** skating in the summer.*

UNIT 1 ADVERBS OF FREQUENCY

- We use the present simple to talk about things we do often or every day.
  100% *I always play table tennis in the summer.*
  I usually go sailing with my dad.
  I often do athletics with my friends.
  I'm sometimes late for school.
  0% *I'm never unhappy.*
- We use the present simple with **adverbs of frequency** to say **how often** we do things.
  ***How often** do you go snowboarding?*
  *We **sometimes** go snowboarding in the winter.*
- With the verb ***be***, we put the adverb after the verb and before the adjective.
  ***Are** you **sometimes tired** after school?*
  *Yes, I'**m often tired**. / No, I'**m** not **often tired**.*
- With other verbs in the present simple, we put the adverb before the main verb.
  ***Do** you **often play** hockey at school?*
  *Yes, I **often play** hockey. / No, I don't **often play** hockey.*
- Remember, we use ***never*** with positive verbs.
  *I **never go** snowboarding.* (**not** ~~*I don't never go*~~…)

LIVEWORKSHEETS

UNIT 2 PRESENT CONTINUOUS AND PRESENT SIMPLE

Present continuous

Positive	I'**m** (**am**) **waking** up. You/We/They'**re** (**are**) **getting** dressed. He/She/It's (**is**) **eating** breakfast.
Negative	I'**m** (**am**) **not brushing** my hair. You/We/They **aren't** (**are not**) **going** to school. (*or* You/We/They'**re not going** to school.) He/She/It **isn't** (**is not**) **helping**. (*or* He/She/ It's **not helping**.)
Questions	**Am** I **eating** lunch? **Are** you/we/they **making** breakfast? **Is** he/she/it **drinking** hot chocolate?
Short answers	Yes, I **am**. No, I'**m not**. Yes, you/we/they **are**. No, you/we/they **aren't**. (*or* you/we/they'**re not**.) Yes, he/she/it **is**. No, he/she/it **isn't**. (*or* he/she/it's **not**.)

SPELLING: *-ING* FORM

Present continuous

most verbs add *-ing*	*go → **going*** *brush → **brushing*** *eat → **eating***
verbs ending in *-e*: remove *-e* and add *-ing*	*wake → **waking*** *have → **having***
verbs ending in *-ie*: change the *-ie* to *-y* and add *-ing*	*lie → **lying***
one-syllable verbs ending in a consonant + a vowel + a consonant (except *w*, *x* or *y*): double the consonant and add *-ing*	*get dressed → **getting** dressed* *shop → **shopping***
two-syllable verbs ending in a stressed vowel + a consonant: double the consonant and add *-ing*	*begin → **beginning*** (**but** *open → **opening***)
In British English, we double the final *l* in *travel*.	*travel → **travelling*** (American English: *travel → **traveling***)

We use:

- the **present simple** to talk about things we do often or every day. We often use it with frequency adverbs such as ***often***, ***usually always*** *and* ***never***.
  *We **often eat** salad in the summer.*
- the **present continuous** to talk about things we're doing now or at the moment. We often use it with words such as ***now***, ***at the moment*** *and* ***today***.
  *I'**m preparing** my school bag **at the moment**.*

LIVEWORKSHEETS

Practice

1 **Write complete sentences in the present continuous.**

0 My brother / make sandwiches at the moment.
My brother's making sandwiches at the moment.

1 We / serve dinner now.
_____

2 I / not going to school this morning.
_____

3 What / you make?
_____

4 My friends / not go cycling at the moment.
_____

5 your best friend / sit next to you?
_____

2 **Choose the correct words to complete the sentences.**

1 We *never eat* / *'re never eating* dinner at a restaurant.
2 I *go* / *'m going* swimming after school every day.
3 Shh! My baby brother *sleeps* / *'s sleeping* at the moment.
4 What *do you usually have* / *are you usually having* for breakfast?
5 Are *you watch* / *watching* TV now? No, *I'm not* / *it isn't*.
6 My mum *doesn't work* / *isn't working* today. She's on holiday.
7 We *always go* / *are always going* to school by bus.

3 **Complete the sentences so they are true for you.**

1 For breakfast, I often _____
_____.
2 My friends and I sometimes _____
_____ after school.
3 At the moment, my best friend _____
_____.
4 I'm _____
and shoes today.
5 On Friday afternoon, I usually _____
_____.
6 I _____ now.

4 **Correct the mistakes in the sentences.**

0 My cousin ~~gets~~ *is getting* married today.
1 How are you? I write to you to give you some news.
2 What do you do at the moment?
3 My brother and I are not going swimming every day.
4 My mum is only working in the mornings.
5 We usually are eating a big breakfast on Sunday.

LIVEWORKSHEETS

5 Make sentences with the present simple and present continuous. Use *usually* and *today* or *at the moment*.

0 walk to school / go by bus.
I usually walk to school, but today I'm going by bus.

1 have a sandwich for lunch / spaghetti
2 watch TV after school / do my homework
3 play football on Saturday / play tennis
4 get up at seven o'clock / eight o'clock
5 have a shower / have a bath

6 Put the words in order to make questions.

1 your / the / moment / friend / what / doing / is / at?
2 bed / do / go / you / what / usually / to / time?
3 school / do / get / home / how / from / you?
4 sitting / is / teacher / at / down / your / the / moment?
5 sun / today / shining / is / the?
6 day / do / every / get / at / same / up / the / time / you?

Now match the questions to the correct answer.

a No, it isn't.
b 10 pm.
c I walk.
d Yes, he is.
e She's sleeping.
f Yes, I do.

In pairs, ask and answer the questions.

7 Work in pairs. Student A, mime an activity in the box. Student B, guess what it is.

catch a bus	check your messages
do some homework	go to sleep
paint a picture	play football
prepare lunch	put on your coat
take a photo	

Are you putting on your sunglasses?

No

Are you taking a photo?

Student A, when Student B guesses the activity, give more information:

I go to a photography club every Friday. It starts at 7 pm. I go there by bus.

Student B, ask more questions.

LIVEWORKSHEETS