

# Montfort Educational Centre - Vocabulary - XE



## Sports



1. Put these words in the correct column:

|               |              |            |           |              |         |
|---------------|--------------|------------|-----------|--------------|---------|
| ice hockey    | martial arts | surfing    | hiking    | snowboarding |         |
| sailing       | baseball     | gymnastics | football  | snorkeling   |         |
| skateboarding | climbing     | badminton  | athletics | rugby        |         |
| jogging       | squash       | judo       | running   | volleyball   | cycling |

| Go | Play | Do |
|----|------|----|
|    |      |    |

2. Complete the sentences with words from boxes A and B. Some words are used more than once.

A: a track   a pitch   a court  
a course

B: a bat   a stick   a racket  
clubs

- Golf is played with \_\_\_\_\_ on \_\_\_\_\_.
- You play squash on \_\_\_\_\_ with \_\_\_\_\_.
- Cricket is played with \_\_\_\_\_ on \_\_\_\_\_.
- Tennis is played on \_\_\_\_\_ and you need \_\_\_\_\_.
- You play hockey on \_\_\_\_\_ using \_\_\_\_\_.

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3. Look at these verbs of movement. Which are fast and which are slow?

|        |        |       |      |        |      |       |      |        |     |
|--------|--------|-------|------|--------|------|-------|------|--------|-----|
| wander | stroll | crawl | rush | sprint | dash | creep | walk | stride | run |
|--------|--------|-------|------|--------|------|-------|------|--------|-----|

| Fast | Slow |
|------|------|
|      |      |

4. Who or what moves in this way? Complete the table with the verbs above.  
Some subjects match more than one verb:

|            |  |                       |  |
|------------|--|-----------------------|--|
| An athlete |  | Traffic               |  |
| A tourist  |  | A burglar             |  |
| A baby     |  | Someone late for work |  |

5. Use one of the verbs above to complete the sentences. There may be more than one correct answer:

1. She \_\_\_\_\_ through the park, admiring the flowers.
2. He had only five minutes to catch the bus, so he \_\_\_\_\_ into the house, grabbed his coat and \_\_\_\_\_ out again.
3. Jack was a fast walker and he was soon \_\_\_\_\_ ahead of me.
4. The athlete \_\_\_\_\_ to the finishing line and broke all records.
5. The criminal \_\_\_\_\_ into the house, trying not to make the family.
6. \_\_\_\_\_ is a good form of exercise for anyone of any age.
7. Anna saw the bus in the distance and \_\_\_\_\_ to the bus stop.

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### 6. TRUE or FALSE? Correct the sentences if they are wrong:

1. Footballers wear boots on their feet.
2. Baseball is played with a stick.
3. Skateboarders usually use a ramp.
4. Tennis is played on a clay or grass court, you need to use a racket.
5. You play hockey on a track using a stick.
6. You play squash on a court with a bat.
7. Golf is played with clubs on a court.
8. You go skating at a pitch and take your skates with you



## Idioms

### 1. Look at these sentences which contain idioms with run. Try to answer these questions without using the dictionary.

1. Did you even **run wild** when you were a child? Did your parents tried to stop you?
2. Do you usually eat breakfast **on the run**? Or do you prefer to sit down and eat at a table?
3. Have you spent many hours **running round in circles** recently? Did you have a lot to do? Do you get very tired?
4. Do feelings **run high** in you when your favourite team is playing in a big international sports match?
5. Do you **run yourself into the ground** when you're studying for an important exam? Do you get very tired?
6. Is there a particular talent which **runs in your family**?

### 2. Now match each idioms to one of the explanations:

- |                               |                                                    |
|-------------------------------|----------------------------------------------------|
| 1. Run in the family          | People are very excited                            |
| 2. Run round in circles       | Behave in an uncontrolled way                      |
| 3. Run yourself in the ground | Be very active without succeeding too much         |
| 4. People's feelings run high | Do sth without stopping what you are already doing |
| 5. Run wild                   | Make yourself tired by working so much             |
| 6. Do something on the run    | Go from one generation to the next                 |

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### 3. Write the verbs of the box into their correct form:

|         |              |          |           |             |
|---------|--------------|----------|-----------|-------------|
| wearing | play         | perform  | match     | let off     |
| hold    | gather round | dress up | celebrate | commemorate |

1. Bands \_\_\_\_\_ dance music all night long.
2. Crowds \_\_\_\_\_ street performers.
3. People from this town go out in the streets \_\_\_\_\_ disguises.
4. In many parts of this country, it is usual that residents \_\_\_\_\_ street parties.
5. As a tradition, people \_\_\_\_\_ through the town in a spectacular parade to \_\_\_\_\_ a famous battle.
6. In mum's region, people \_\_\_\_\_ in traditional costumes and they \_\_\_\_\_ one of their traditional dances.
7. We hold a festival every June to \_\_\_\_\_ our victory at the battle.
8. During our Saturday parties, we \_\_\_\_\_ fireworks.



## Phrasal Verbs

### 1. Choose the correct phrasal verb in these sentences:

1. If you are busy, you are always running **down/around**.
2. When children not behave well, their parents run **against/out** of patience.
3. If you want someone to explain something to you, you ask them to run **out of/through** the details with you.
4. When you meet someone unexpectedly in the street, you run **across/over** them.
5. If you encounter a problem, you run up **against/through** it.
6. If you criticise people, you **run them down/run over them**.

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## Verb Collocations

### 1. Complete these sentences by writing an appropriate verb in the correct form in the gaps:

1. The majority are \_\_\_\_\_ in the mountains or deserts.
2. Adventure racing is a sport you \_\_\_\_\_ in teams.
3. The races are \_\_\_\_\_ in all sorts of different places.
4. Many people who are at the top of their sport in other fields are now \_\_\_\_\_ because they find that, rather than \_\_\_\_\_ as individuals, they need to work as a team.

### 2. Use the table of collocations to complete these sentences. In some cases, more than one answer may be possible.

1. People who enjoy team sports often \_\_\_\_\_ soccer or basketball, whereas people who enjoy individual sports \_\_\_\_\_ windsurfing or \_\_\_\_\_ golf.
2. I would encourage people to \_\_\_\_\_ swimming at least two times a week because I think it's an excellent way of \_\_\_\_\_ exercise.
3. I think local governments should \_\_\_\_\_ competitions for schools in their area where any student over sixteen years old can participate.

| Verb                                            | Sport                                               |
|-------------------------------------------------|-----------------------------------------------------|
| Hold/ organise/ compete in/ enter/ take part in | A race/ a competition/ a championship/ a tournament |
| Do/ take                                        | Exercise                                            |
| Go *                                            | Jogging/ cycling/ skiing/ windsurfing/ swimming     |
| Play**                                          | Football/ basketball/ golf                          |
| Do***                                           | Sports/ judo/ athletics/ weightlifting              |

### 3. Circle the correct word:

1. Alice has been **doing/going** climbing every weekend for the last year.
2. Shall we **watch/see** the soccer match this evening?
3. The crowd was cheering so loudly I couldn't **listen/hear** the ambulance coming.
4. People who enjoy **playing/doing** karate must be very fit.
5. I didn't realise so many people were **watching/looking** me when my car crashed.
6. What kind of sports do you enjoy **playing/doing**?

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## Music

### 1. Find the correct definitions:

1. A person who writes music:
2. A collection of songs on a CD:
3. A combination of voices singing together in tune:
4. A song sung by two people:
5. Music that is easy to remember:
6. People who like a particular singer or group:
7. Familiar songs that everyone likes:
8. The special way someone does something:
9. A recording of a song previously done by another singer or group:
10. A musical group:
11. The words written on a song:

### 2. Use the words from the previous exercise to complete this review:

The new 1 \_\_\_\_\_ from Ephimer is a real treat for all 2 \_\_\_\_\_ of this young garage rock band.

It features a few 4 \_\_\_\_\_ that everyone will know, but it also has some outstanding new tracks with very moving 5 \_\_\_\_\_ written by the leading guitarist: Leo Grant.

Some of these songs are performed as 6 \_\_\_\_\_ by the old members of the band.

### 3. Complete the gaps to form words related to music:

1. A musical play in which words are sung:      \_ \_ \_ \_ \_
2. A string instrument popular in rock bands:      \_ \_ \_ \_ \_
3. A large instrument with black and white keys:      \_ \_ \_ \_ \_
4. You find the top 20 hits here:      \_ \_ \_ \_ \_
5. A person who writes music:      \_ \_ \_ \_ \_
6. A large classical string instrument:      \_ \_ \_ \_ \_
7. The musical performance is usually held in a hall:      \_ \_ \_ \_ \_
8. Another word for a band:      \_ \_ \_ \_ \_
9. A wind instrument often used to play jazz:      \_ \_ \_ \_ \_

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### 4. Complete the text with the words from the box:

|        |         |          |           |       |      |
|--------|---------|----------|-----------|-------|------|
| hissed | grunted | bang     | hum       | crash | howl |
|        | barking | creaking | whistling |       |      |

Something had woken me yesterday. I could hear a dog 1 \_\_\_\_\_ and the continuous 2 \_\_\_\_\_ of the traffic on the motorway. I heard it again. It was the sound of someone 3 \_\_\_\_\_ softly outside the window, trying to catch my attention. There was a sudden 4 \_\_\_\_\_ as a ladder hit the wall. I heard the 5 \_\_\_\_\_ of footsteps on the rungs as someone came up. "Are you awake?" a voice 6 \_\_\_\_\_ urgently.

"Well, I'm now". I 7 \_\_\_\_\_, grumpily. I knew exactly who it was.

Suddenly there was a loud 8 \_\_\_\_\_ and a 9 \_\_\_\_\_ of pain as my big brother hit the bushes below.



*Look, see, watch, listen  
and hear*

### 1. Complete the gaps by writing look, see, watch, listen and hear in the correct form in the gaps:

1. I \_\_\_\_\_ to your instructions through an earphone.
2. I spend my life \_\_\_\_\_ people doing different sports.
3. Everything was really quiet, except when she raised her voice to shout at other flyers to keep away from me. And then you really \_\_\_\_\_ her!
4. Abby was \_\_\_\_\_ down the course, planning her next shot or something, when she \_\_\_\_\_ those paragliders floating down.

### 2. Circle the correct word in *italics* in these sentences:

1. Sarah looks so relaxed when she is *listening to/hearing to* her favourite music.
2. I really enjoy *looking at/watching* mystery films.
3. I was in my bedroom, so I didn't *listen to/hear* the telephone when it rang.
4. Did you *watch/see* Machu Picchu when you were in Peru?

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5. Were you **looking at/watching** our holiday photos?
6. Jerry knew the policemen was **watching/looking** what he did.
7. I **looked at/watched** my watch and saw it was time to leave.
8. We live near an avenue and can **listen to/hear** the traffic non-stop.



## Phrasal verbs and expressions with take

### 1. Complete the sentences using the correct form of one of the expressions:

take someone's place  
take a risk

take up to  
take part in

take exercise  
take turns

1. We decided to \_\_\_\_\_ and go on sailing even though there was a terrible storm.
2. Everyone is welcome to \_\_\_\_\_ the race.
3. There weren't enough rackets for everyone so we had to \_\_\_\_\_ playing.
4. A professional match can \_\_\_\_\_ four hours to complete.
5. I was injured so Charlie \_\_\_\_\_ on the team and played in the final instead.
6. If you don't \_\_\_\_\_ when you're young, your health may suffer when you're older.

### 2. Match the phrasal verbs to their definitions:

Take away

To be similar to a member of your family

Take something on

To remove

Take off

To be a success, become established

Take after

To start a new hobby or activity

Take to something

To be good at or enjoy something new

Take something up

To accept new challenges or responsibilities

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### 3. Now complete each sentence with the correct phrasal verb:

1. You take \_\_\_\_\_ your father: you have his beautiful blue eyes.
2. I've been asked to take \_\_\_\_\_ the role of captain of the soccer team next year!
3. My sister's career as an underwater photographer has really taken \_\_\_\_\_. Her photos are always in different magazines.
4. I think he should take \_\_\_\_\_ a new challenge.
5. The injured basketball player was taken \_\_\_\_\_ by ambulance.
6. I didn't think I'd enjoy it much better but I really took \_\_\_\_\_ rugby. It wasn't as difficult as I expected.



## More Idioms

### 1. Match the beginnings of the sentences with their endings:

1. I was going to buy Elizabeth a ring for her birthday
2. We left early in the morning
3. Bianca doesn't want to take a long haul flight
4. At first I didn't want to go clubbing with them
5. Everyone laughed at his idea of selling batteries

- A. but it turned out **to be a winner**.
- B. but my sister **beat it to me**.
- C. but **we still didn't manage to beat the rush**.
- D. but **if you can't beat them, join them**.
- E. but I think **we can win her round**.

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