



ESTHETICS WRITTEN PRACTICAL.

1. If the client uses pacemaker, which facial treatment should you choose?

- a. Microcurrent facials.
- b. Thermage.
- c. High-frequency facials.
- d. Microdermabrasion, Chemical peels.



2. What should you do if you leave a supply drawer slightly open during your service?

- a. Discard contaminated single -use items, disinfect reusables and drawer.
- b. Throw out everything.
- c. Close the drawer.
- d. Disinfect drawer.

3. Choose the correct Skin Diseases to match with the picture:

Seborrhea Rosacea Vitiligo Eczema



4. Which are all stimulating massage movements?

- a. Petrissage.
- b. Friction.
- c. Tapotement.
- d. Effleurage.

5. The practitioner is going to apply the hair removal product against the direction of hair growth for underarm area. Which one will be chosen?

- a. Hard wax.
- b. Soft wax.
- c. Hand sugar.
- d. Spatula sugar.

6. Arrange draping steps:



- Drape with towel, headband
- Client lies on the sheet
- Drape the body and décolleté

7. An allergy to dyes, detergent, plants, fabrics is classified as which type of dermatitis?

- a. Atopic dermatitis.
- b. Contact dermatitis.
- c. Seborrheic dermatitis.
- d. Perioral dermatitis.

8. If a client has an allergy to pineapple and aspirin, which of the following ingredients will be a contraindication?

- a. Bromelain.
- b. Retinol A.
- c. Aloe Vera.
- d. Carrot.

9. When considering a client's pineapple allergy, where must a practitioner consult for product contraindication?

- a. SDS.
- b. OSHA.
- c. EPA.
- d. Medical guidelines and client's allergy history.



10. When using a Wood's lamp to analyze a client's skin, you notice orange tones on the nose, chin, forehead and light purple on the cheeks. What skin type is this?

- a. Dry with oiliness.
- b. Oiliness with dehydration.
- c. Oil.
- d. Normal.

11. Arrange client's consultation:

STEP 1	STEP 2	STEP 3	STEP 4	STEP 5
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>



12. The client has a large area of itching and redness on her thighs, which she has experienced before after intensive exercise. Which treatment should be chosen?

- a. Rinse with cool water.
- b. Red LED.
- c. Use warm compress the area.
- d. Aloe vera compress.

13. Arrange soft wax steps:

STEP 1	
STEP 2	
STEP 3	
STEP 4	
STEP 5	
STEP 6	
STEP 7	
STEP 8	
STEP 9	
STEP 10	



14. An African women, 30 years old, never burn, has large pores, and is concerned about hyperpigmentation. She has black hair, black eyes, and a thick skin structure. Which Fitzpatrick skin type is this?

- a. Type II.
- b. Type III.
- c. Type V.
- d. Type VI.

15. An African women, 30 years old, never burn, has large pores, and is concerned about hyperpigmentation. She has black hair, black eyes, and a thick skin structure. What is her skin condition?



- a. Keratosis pilaris.
- b. Seborrheic keratosis.
- c. Hyperkeratosis.
- d. Seborrhea.

16. What is the best treatment for a 27 year old pregnant woman with oily skin?

- a. Anaphoresis.
- b. Microcurrent.
- c. Steaming.
- d. Sparking.