

Hand knitting

Interest in knitting

- Knitting has a long history around the world.
- We imagine someone like a **31** knitting.
- A **32** ago, knitting was expected to disappear.
- The number of knitting classes is now increasing.
- People are buying more **33** for knitting nowadays.

Benefits of knitting

- gives support in times of **34** difficulty
- requires only **35** skills and little money to start
- reduces stress in a busy life

Early knitting

- The origins are not known.
- Findings show early knitted items to be **36** in shape.
- The first needles were made of natural materials such as wood and **37**
- Early yarns felt **38** to touch.
- Wool became the most popular yarn for spinning.
- Geographical areas had their own **39** of knitting.
- Everyday tasks like looking after **40** were done while knitting.