

PAST CONTINUOUS vs. PAST SIMPLE

EXERCISE 1: Complete the sentences by writing the correct form of the verbs in brackets in the Past Continuous (was/were + verb-ing).

1. At 4 PM yesterday, I _____ (wait) for my friend Sam at the market square café.
2. I _____ (not pay) attention when the man dropped the mysterious envelope.
3. What _____ you _____ (do) when the lights suddenly went out?
4. The sun _____ (shine) brightly when the talent show began.
5. They _____ (not look) where they were going when they tripped over the cable.
6. _____ the audience _____ (clap) before the song even finished?
7. While they _____ (walk) down the street, they saw an advertisement on the wall.
8. Thankfully, it _____ (not rain) when we started our journey.
9. Why _____ he _____ (run) down the stairs so frantically?
10. She _____ (practice) the clarinet all afternoon before the concert.
11. He _____ (not feel) well, so he decided to stay home from the exam prep class.

12. While I _____ (try) to buy a concert ticket, the website crashed.
13. The judges _____ (talk) quietly to each other during the performance.
14. We _____ (not expect) a surprise party, but it was wonderful.
15. _____ they _____ (study) together when you walked into the room?
16. A cold wind _____ (blow) outside while we were safe in the auditorium.
17. She _____ (not watch) the road when the accident happened.
18. As she _____ (open) her bag, she realized her wallet was missing.
19. Many people _____ (sit) on the grass, enjoying their ice creams.
20. The music was so loud that I _____ (not listen) to what you said.

Exercise 2: Read the story sentences below. For each sentence, put one verb into the Past Simple and the other into the Past Continuous .

1. While I _____ (sit) in the quiet café, a strange man _____ (walk) inside.
2. The rain _____ (pour) heavily when she finally _____ (arrive) at the theater.
3. As we _____ (walk) through the crowded market, a thief suddenly _____ (snatch) my phone.

4. I _____ (practice) my clarinet on stage when the microphone _____ (fall) over.
5. He _____ (open) his umbrella because the weather _____ (get) worse by the minute.
6. Just as the judges _____ (write) down my score, I _____ (trip) over a cable.
7. Everyone _____ (cheer) loudly when the band finally _____ (step) onto the stage.
8. I _____ (not look) where I was going when I _____ (bump) into my old friend Sarah.
9. While the waiter _____ (clean) the next table, he _____ (find) my lost wallet on the floor.
10. The sun _____ (shine) beautifully, so we _____ (decide) to take a walk.
11. As she _____ (search) frantically through her bag, she _____ (realize) her ticket wasn't there.
12. I _____ (read) the talent show advertisement when a brilliant idea _____ (come) to my mind.
13. They _____ (celebrate) their victory when the lights suddenly _____ (go) out.
14. While the audience _____ (wait) impatiently, the main actor _____ (forget) his lines.
15. He _____ (drop) his thick envelope while he _____ (run) to catch the bus.
16. A cold wind _____ (blow) through the square when we _____ (hear) a loud scream.
17. I _____ (try) to buy the last concert ticket when the website suddenly _____ (crash).
18. As they _____ (leave) the restaurant, it _____ (start) to snow.
19. The crowd _____ (laugh) at the joke when the speaker unexpectedly _____ (stop) talking.
20. While I _____ (drink) my coffee, a tiny bird _____ (fly) right into the shop.

Reading part 6

For each question, write the correct answer. Write ONE word for each gap.

Getting healthier

I have quite a healthy life these days, but I wasn't always so good! A few months **(1)**, I realised that I needed to change my habits. I **(2)** spending too much time online and not eating well. I decided to do something **(3)** it.

The first thing I changed was my diet. My parents have always provided me with healthy meals, but I often ate unhealthy snacks like crisps and sweets in **(4)** meals. I stopped doing this and immediately lost some weight. Then I started to do more exercise. **(5)** of sitting at my laptop all evening, I went out for a short run. I ran a little further each week and feel so much better now! I also realised that I wasn't getting **(6)** sleep

because of staying up late surfing the internet. I've also decided to limit my time online. All this goes to show – anyone can change!



For each question, write the correct answer. Write ONE word for each gap.

Making my clothes

I started making some of my own clothes last year and I'm really enjoying it. It was my mum **(1)** first got me interested in learning to sew because she makes a lot of her own things. I started off by designing something quite simple – a T-shirt. It wasn't as easy **(2)** I thought it would be, and it took me quite a long time. I was pleased **(3)** the finished product, though, and I enjoyed sewing it. I liked it so much, **(4)** fact, that I decided to study how to make clothes at college. I signed **(5)** for a course earlier this year and started in July. So far on the course, I've learned all about making trousers and skirts and we're going to start looking

at shirts quite soon. It's great, and I've saved loads **(6)** money, as I've bought fewer clothes.



Writing

Your English teacher has asked you to write a story.

Your story must begin with this sentence.

As they set off on their bikes, they knew they were going to have an exciting day.

Write your **story**.