PRESENT CONTINUOUS
YOGA DAY VOCABULARY

Fill in the blanks with the Present Continuous form of the verb in brackets.

1. Many people _____ yoga in the park today. (practice)
2. The instructor _____ the students a new pose. (show)
3. I _____ deeply during the meditation session. (breathe)
4. My friends _____ on their yoga mats now. (sit)
5. The children _____ to relaxing music. (listen)
6. We _____ our bodies before the class starts. (stretch)
7. The teacher _____ about the benefits of yoga. (talk)
8. You _____ balance in the tree pose. (practice)
9. They _____ water after the session. (drink)
10. She _____ a healthy snack after yoga. (eat)
11. The group _____ the sun salutation together. (do)
12. He _____ his eyes during meditation. (close)
13. I _____ calm and relaxed today. (feel)
14. The participants _____ their mats near the lake. (put)
15. We _____ outside because the weather is nice. (exercise)
16. The students _____ a yoga video on the screen. (watch)
17. You _____ your arms above your head. (raise)
18. The volunteers _____ the event for International Day of Yoga. (organize)
19. My sister _____ yoga for the first time today. (try)
20. The community _____ International Day of Yoga together. (celebrate)



LIVEWORKSHEETS