PRESENT PERFECT YOGA VOCABULARY



Complete the sentences with the Present Perfect form of the verb in brackets.

1. Many people around the world _____ yoga on International Day of Yoga. (practice)
2. Our class _____ a morning meditation session yet. (not try)
3. I _____ several breathing exercises to reduce stress. (learn)
4. My friend _____ a yoga class before, so she feels nervous. (not attend)
5. We _____ videos about the history of yoga in India. (watch)
6. The students _____ the sun salutation sequence yet. (not master)
7. My teacher _____ us how to relax through mindfulness. (teach)
8. They _____ yoga mats to the park because they forgot them at home. (not bring)
9. I _____ more flexible since I started practicing yoga. (become)
10. The gym _____ an International Day of Yoga event. (organize)
11. He _____ meditation before, but he wants to try it. (not practice)
12. We _____ many benefits from regular yoga practice. (experience)
13. My parents _____ a yoga festival in our city yet. (not visit)
14. She _____ how to control her breathing. (learn)
15. The children _____ a yoga session outdoors because of the rain. (not have)

LIVEWORKSHEETS