PRESENT SIMPLE
YOGA VOCABULARY

Fill in the blanks with the Present Simple form of the verb in brackets.

1. Many people _____ yoga on International Day of Yoga. (practice)
2. A yoga teacher _____ students how to breathe slowly. (teach)
3. We usually _____ comfortable clothes for yoga class. (wear)
4. My friend _____ yoga every morning before work. (do)
5. Yoga _____ people relax and feel calm. (help)
6. They _____ deep breaths during meditation. (take)
7. She _____ her yoga mat in the living room. (put)
8. I _____ more energetic after a yoga session. (feel)
9. The students _____ quietly during relaxation time. (sit)
10. He _____ balance poses very well. (practice)
11. Many yoga classes _____ in parks on this special day. (take place)
12. My sister _____ videos about yoga on the internet. (watch)
13. We _____ our bodies before difficult poses. (stretch)
14. The instructor _____ the class with a short meditation. (begin)
15. People _____ yoga because it reduces stress. (enjoy)
16. A healthy lifestyle _____ exercise and rest. (include)
17. I always _____ water after yoga practice. (drink)
18. The children _____ simple yoga poses at school. (learn)
19. Our teacher _____ that yoga improves concentration. (say)
20. International Day of Yoga _____ place every year on June 21. (take)

LIVEWORKSHEETS