

UNIT /01: DAILY LIFE

IN THIS UNIT YOU WILL LEARN HOW TO

- understand activities that people do in their daily routine
- use present simple and adverbs of frequency
- read multiple texts to choose the correct answer
- write about a daily routine
- read to guess meaning from context
- listen to information about a student exchange trip
- speak about your day

LEAD-IN

01 Look at the pictures of daily activities. Which of these activities do you do every day?
Write five other activities you do every day.



get up



exercise



work



study



catch the bus



watch TV



go online



relax with friends



go to bed



have breakfast

02 In pairs, compare your answers and talk about what time you do each activity.

VOCABULARY AND SPEAKING

03 Read the sentences about a boy who is doing a language course in the UK.
Choose the best answer, A, B or C.



0 Ping _____ at 7:30am every morning and has breakfast with his host family.

Answer: A

A gets up

B stands up

C stays up

1 At 8:30am, he _____ the bus to his language school.

A goes

B catches

C travels

2 During the day, Ping studies English and _____ to his classmates.

A laughs

B chats

C tells

3 Everyone speaks English in his class because the students all _____ from different countries around the world.

A arrive

B live

C come

4 After Ping finishes school at 3:00pm, he often _____ some sightseeing in the city with his friends.

A does

B makes

C has

5 In the evening, Ping relaxes with his host family, _____ TV or goes online.

A watches

B sees

C looks

04 In pairs, discuss the questions.

1 Do you do any of the activities in Exercise 3?

2 What time does your school, college or job start and finish?

3 What do young people like to do in the evenings in your country?