

UNIT 4

BASIC SOCIAL *Interactions*

*Interact confidently in
everyday situations.*



Based on the TED-Ed video “The Best Way to Apologize (According to Science)”, good apologies include acknowledging responsibility, expressing regret, making amends, and showing commitment to change.

1. What is the main purpose of an apology?
2. Which of the following is an example of a poor apology?
3. What should a sincere apology include?
4. Why should people avoid making excuses when apologizing?



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5. What does expressing regret show?
6. According to the video, what is an important step after saying sorry?
7. Which statement best shows responsibility?
8. Why is a promise to change important in an apology?
9. What may happen if an apology is not sincere?
10. Which apology is the most effective?

