TRUE OR FALSE

Read the text and write T (True) or F (False).

Statement	True	False
1. Teenagers can feel stress because of homework.		
2. Stress only affects the body.		
3. Some students feel worried when they are stressed.		
4. Sleeping well can help reduce stress.		
5. Listening to music is a healthy activity.		
6. Emotional health is not important.		

LIVEWORKSHEETS