


1  Read and write. Then listen and answer. True or false?

- 1 Sally found (find) some peppers.
- 2 She _____ (not / find) any onions.
- 3 She _____ (see) some lemons.
- 4 She _____ (not / see) any kiwis.
- 5 She _____ (put) the bag of pears in the fridge.
- 6 She _____ (eat) one of the pears on the way home.

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2 Look and write in the past form.

go cut find **make** put not see eat not make

Last Saturday I ¹ made (make) lunch for my family! I ² _____ to the market in the morning to get some fresh fruit and vegetables. I ³ _____ some delicious red peppers, onions, a cucumber and a watermelon. But I ⁴ _____ any peas or kiwis. I ⁵ _____ a fruit salad or a vegetable salad. I made a fruit *and* vegetable salad! I ⁶ _____ the vegetables and the watermelon into small squares. Then I ⁷ _____ them in the bowl and added some lemon. Yum! We all ⁸ _____ lunch in the garden together!



I can shine! 

3 Imagine you made lunch for your family last weekend. Write.

Last weekend, I made a delicious lunch for my family. I...

make
eat
find
put
see

Extra time? When you eat something, say **Y E** word in English to help you remember.

1

Let's stay healthy

Let's review!

Name four types of fruit or vegetable.

Lesson 1 → Vocabulary

1 Look and write. What's the hidden food?

2 Look at Activity 1. Write.

- Watermelons, lemons, _____ and _____ are types of fruit.
- Onions, _____ and _____ are types of vegetable.
- Some people put _____ on food to add flavour but it isn't very healthy.
- Sweets and _____ contain a lot of sugar.



Tell me!

Write the food words from your favourite to your least favourite.

My favourite food

My least favourite food

4

Extra time? Which types of food are healthy? Which aren't healthy?