

Name..... Class..... Number.....

1. Complete the sentences below to reflect on your feelings.

I feel happy when .....

I feel sad when.....

I feel shy when .....

I feel tired when .....

I feel angry when .....

I feel nervous when.....

I feel excited when .....

2. Read each scenario below and decide how you would feel in each situation.  
Then, write the feeling words into the correct box.

You lost your mom in a store.

You feel hot and your head hurts.

You lost your glasses.

You got an A on your spelling test.

Your dog ran away from home.

You're going to a birthday party.

Your friend told you bad things.

You can't have the toy you want.

 happy	 sad	 scared	 angry	 proud	 worried	 excited	 sick
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