Test 9

_____ / 18

Name _____ Date _____

1 Look and complete the sports. _____ / 3



i c e—s k a t i n g



k__r__ __ __



__i__i__ __



f__ __tb__ __l



__ __cli__ __



t__ __ __ __



s__ __ ba di__ __ng



__ __ __ __ball



g__ __ __ast__ cs



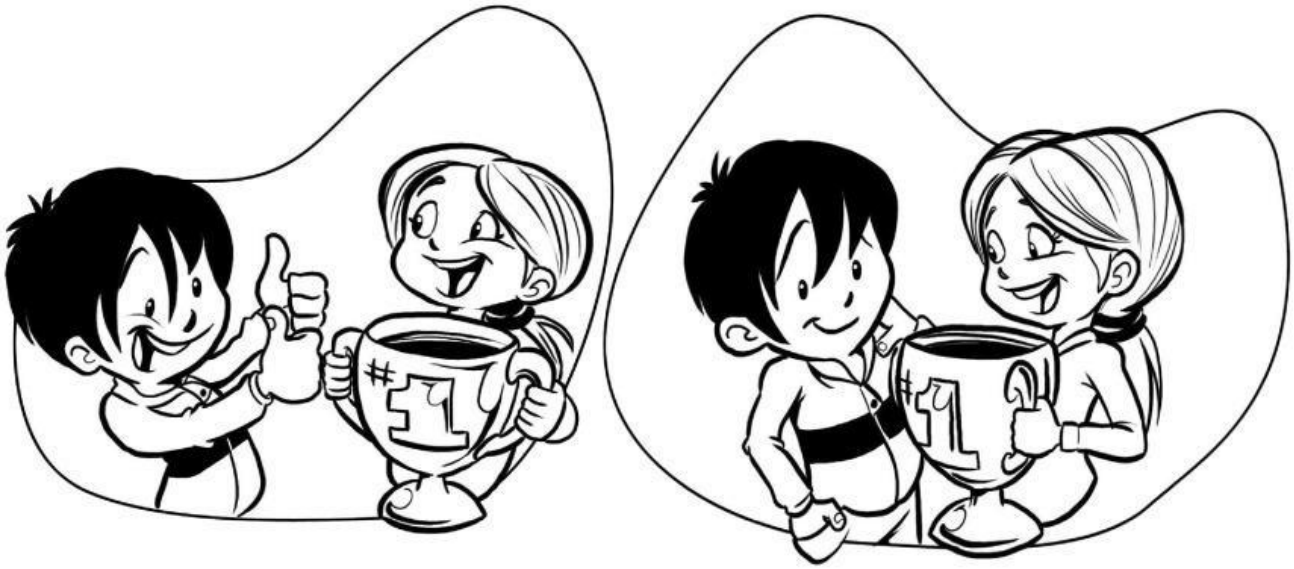
__ or__ __bac__ ridi__g

2 Listen and write *T* for true or *F* for false sentences. 65 _____ / 3

1. Billy exercises at school. T
2. Billy drinks more than one glass of water every day. ___
3. Billy likes soda and milk shakes. ___
4. He sleeps seven hours. ___
5. His favorite TV program finishes at 7 p.m. ___
6. In the morning, he eats a donut and drinks milk. ___
7. He eats two apples at dinner. ___

D.R. © Richmond Publishing, S.A. de C.V., 2017 Photocopiable
LIVEWORKSHEETS

3 Complete the dialogue. _____ / 1



– Congratulations! _____ – _____

4 Complete the chart. _____ / 2

1. first	1st	6. _____	11th
2. second	_____	7. fourteenth	_____
3. _____	3rd	8. _____	17th
4. fourth	_____	9. twentieth	20th
5. _____	5th	10. _____	26th

5 Complete the advice using *should* or *shouldn't*. _____ / 2

dive alone follow the coach's advice
go to the deep end walk wear a helmet

1. When you go scuba diving, you shouldn't dive alone.
2. When you do track, _____.
3. When you play baseball, _____.
4. When you ice-skate, _____.
5. When you swim, _____.

D.R. © Richmond Publishing, S.A. de C.V., 2017 **Photocopiable**
LIVEWORKSHEETS

6 Write advice for Tom. _____ / 3

Tom Sands
Exercise: 1 hour / week at school
Likes: Cycling
Drink: 2 glasses of water / every day
Food: Donuts and soda (breakfast); fruit (dinner)
Sleep: 7 hours (Mon-Thu); 5-6 hours (Fri-Sun)



✔	✘
You should exercise at home.	You shouldn't exercise at school only.

7 Read and circle *should* or *shouldn't*. _____ / 4

Accident Prevention

Playing sports is a lot of fun. Getting hurt is not. Remember the 1-2-3 Rules to prevent accidents:

1. Wear Protective Gear

Protective gear is the equipment you wear to protect yourself. For example, when you cycle or play football, hockey, or baseball, you (*should*) / *shouldn't* wear a helmet. You *should* / *shouldn't* wear the right helmet for your sport. You *should* / *shouldn't* wear a baseball helmet when you cycle! Your coach can give you advice on the protection you need. Don't forget to ask!

2. Warm Up

You should / shouldn't warm up before you play. You *should* / *shouldn't* begin by moving slowly, like walking. Follow with something more active, like running or jumping. You *should* / *shouldn't* warm up for about thirty minutes, so that your body is ready to play.

3. Know the Rules of the Game

There aren't many accidents when players know the rules of the game. If you play football, for example, you know that your objective is the ball, not the other players. You *should* / *shouldn't* crash into a player's leg to steal the ball. That is very dangerous! Communicate with your teammates; you *should* / *shouldn't* be quiet. If you say "I got it" when you play baseball, you avoid a collision with another player.

Sports are great, but we can have an accident if we aren't careful. You *should* / *shouldn't* talk to your coach and ask all the questions you have. Information is the key to safety!

D.R. © Richmond Publishing, S.A. de C.V., 2017 Photocopiable
LIVEWORKSHEETS