TOTS EARLY LEARNING CEINSPIRED NTRE

PRE-K THIRD TERM ASSESSMENT 2025/2026.

HEALTH HABITS

1. Bad habits are the _____ things we do to others

2. Look at the picture and select only the bad habits.

3. Is it healthy to eat rotten fruit?

(a) Yes (b) No

4. Eating spoiled food is healthy.

(a) True (b) False

5. Washing your hands before eating is a healthy habits

(a) False (b) True

6. Posture is the way we _____our body

7. We have _____type of posture

8. Mention the two types of posture. _____&
_____

9. From the pictures carefully select the good posture.

LIVEWORKSHEETS



10. Is it good to walk bending?

(a) Yes (b) No

LIVEWORKSHEETS