

Score:

Hello everyone! My name's **Sofia**, and I'd like to share my thoughts about alternative lifestyles. To be honest, I've always been a *free-spirited* person. After graduating, I realized I didn't want a traditional job. I wanted freedom—freedom to move, explore, and live consciously. So, I started *trying out* different lifestyles. First, I experimented with **minimalism**. I sold most of my belongings and kept only what was *essential*. It wasn't easy, but it made me realize that owning less can actually make life richer. In my view, minimalism is a *crucial* step toward real happiness. Then, I explored **eco-friendly** living. I reduced plastic use, recycled everything I could, and even started my own compost bin! It's *remarkable* how small actions can shape the planet's future. A few years later, I tried **off-the-grid** living in a tiny house. It was powered by solar panels and had a small garden. It seems to me that living sustainably isn't just a trend—it's an *integral* part of protecting our planet. Nowadays, I'm part of the **digital nomadism** movement. I work remotely while traveling. It's *tempting* to think it's always easy, but honestly, it's not. Sometimes, the Wi-Fi doesn't work, or it's lonely. However, the experience has been *unforgettable*. Personally, I believe everyone should *figure out* what lifestyle aligns with their values. Some people want stability, others prefer adventure. As for me, I'll keep exploring. In conclusion, alternative lifestyles may not be for everyone, but they teach us to live *mindfully* and appreciate what truly *matters*.

1. Why did Sofia decide not to pursue a traditional job after graduating?
 - A. She wanted to earn more money quickly.
 - B. She preferred to stay close to her family.
 - C. She desired more freedom and adventure.
 - D. She was unable to find employment.
2. What did Sofia learn from practicing minimalism?
 - A. Expensive possessions bring happiness.
 - B. Owning fewer things can improve life.
 - C. Minimalism is only suitable for wealthy people.
 - D. It is impossible to live with few belongings.
3. Which activity is mentioned as part of Sofia's eco-friendly lifestyle?
 - A. Driving an electric car across the country
 - B. Building large recycling factories
 - C. Starting a compost bin at home
 - D. Refusing to use any technology
4. What challenge does Sofia mention about being a digital nomad?
 - A. She dislikes meeting new people.
 - B. She often struggles with unreliable internet and loneliness.
 - C. She cannot travel to different countries.
 - D. She finds remote work too expensive.
5. What is Sofia's overall message about alternative lifestyles?
 - A. Everyone should live exactly the same way.
 - B. Traditional lifestyles are always better.
 - C. People should choose lifestyles that match their personal values.
 - D. Sustainable living is impossible in modern society.