



PRESENT CONTINUOUS VS. SIMPLE PRESENT

Choose the right tense to express actions.

Name: _____

Date: _____

Course: _____

PRESENT CONTINUOUS



We use it for actions happening **now** or around now.
We also use it for temporary situations.

Form: **am/is/are + verb-ing**

Examples:

- I **am studying** for my exam this week.
- She **is working** on a research project.

VS.

SIMPLE PRESENT

We use it for habits, routines and general truths.
We also use it for permanent situations.

Form: **base form (he/she/it + s/es)**

Examples:

- I **study** English every day.
- Water **boils** at 100°C.



1 Choose the correct option.

1. I (**am studying** / study) for my final exams this month.
2. She usually (**goes** / is going) to the gym in the mornings.
3. They (**are watching** / watch) a documentary right now.
4. My brother (**plays** / is playing) soccer every Saturday.
5. We (**are living** / live) in Mexico City at the moment.
6. The library (**opens** / is opening) at 8 a.m. every day.
7. He (**doesn't like** / isn't liking) spicy food.
8. I (**am learning** / learn) Spanish this semester.
9. Look! It (**rains** / is raining) heavily.
10. The course (**starts** / is starting) next Monday.

2 Complete the sentences with the correct form of the verb in parentheses. Use Present Continuous or Simple Present.

1. Right now, I _____ (write) my essay.
2. My classmates _____ (meet) every Wednesday to study.
3. She _____ (not/understand) the topic at the moment.
4. The professor _____ (explain) a difficult concept today.
5. We _____ (not/use) our phones in class.
6. Normally, I _____ (wake up) at 6:30 a.m.
7. They _____ (travel) to Europe next month.
8. The Earth _____ (revolve) around the Sun.

5 Match the situations with the correct sentence (A–H). Write the letter on the line.

1. A temporary situation happening now _____
2. A daily routine _____
3. A general truth _____
4. An action at the moment of speaking _____
5. A habit _____
6. A scheduled plan in the future _____
7. A change happening for a short time _____
8. A permanent situation _____

- A. I am working on a presentation this week.
- B. She always checks her emails before class.
- C. The library closes at 10 p.m. every day.
- D. We are having dinner right now.
- E. He is living in Canada for one semester.
- F. The Earth goes around the Sun.
- G. I travel to my hometown next weekend.
- H. My sister plays the piano.

3 Read the situations and write sentences using the correct tense.

1. (You are in the library now.)

2. (Your friend usually drinks coffee in the morning.)

3. (It is snowing outside at the moment.)

4. (You have a class every Tuesday and Thursday.)

5. (Your roommate is cooking dinner right now.)

6. (Water freezes at 0°C.)

4 Find and correct the mistake in each sentence. If the sentence is correct, write "✓".

1. I am agree with your point. _____
2. She studies medicine at the university. _____
3. We are not understanding the instructions. _____
4. He doesn't play video games very often. _____
5. Are you usually go jogging in the morning? _____
6. The sun rises in the east. _____
7. I am wanting to study abroad next year. _____
8. Do you are working on your project now? _____



TIP: Think about time expressions! *Now, at the moment, today, this week* → Present Continuous
Always, usually, sometimes, every day, in general → Simple Present