

Evaluation Test – Hobbies and Their Benefits (Grade 10)

School : Kharisma Bangsa Senior High School
Phase : E
Class : X
Semester : 1
Level : CEFR B1
Material : Hobbies and Their Benefits
Teacher's Name : Hasna Abrorrah

Instruction!

Choose the best answer (a, b, c, or d).

- 1. Which activity is included as a hobby?**
 - A. Sleeping in class
 - B. Playing badminton
 - C. Doing an exam
 - D. Waiting for the bus
- 2. Which hobby can improve creativity?**
 - A. Drawing
 - B. Driving
 - C. Shopping
 - D. Cleaning the floor
- 3. Why do many students enjoy reading books?**
 - A. Because it helps improve knowledge and vocabulary
 - B. Because it makes them lazy
 - C. Because it wastes time
 - D. Because it is always difficult

4. **What is the benefit of exercising regularly?**
- A. It improves physical health
 - B. It increases stress
 - C. It causes boredom
 - D. It reduces confidence
5. **“I often cook with my mother on weekends.”**
- What can we learn from the sentence?**
- A. Cooking helps improve life skills
 - B. Cooking is a boring activity
 - C. Cooking is only for adults
 - D. Cooking gives no benefit
6. **Complete the sentence correctly!**
- “My brother usually _____ football after school.”**
- A. play
 - B. plays
 - C. playing
 - D. played
7. **Choose the correct sentence.**
- A. She often draw in her free time.
 - B. She drawing every weekend.
 - C. She often draws in her free time.
 - D. She is often draw in her free time.
8. **Rina likes gardening because it helps her feel relaxed.**
- The hobby gives benefits for her _____ health.**
- A. mental
 - B. physical
 - C. financial
 - D. academic

9. **Rizki joins a basketball club every Saturday. He becomes healthier and learns how to work with his team.**

What are the benefits of Rizki's hobby?

- A. Improving teamwork and physical health
- B. Reducing communication skills
- C. Making him feel lonely
- D. Wasting his free time

10. **Sinta enjoys painting in her free time. She can express her ideas and feels more confident when showing her artwork to others.**

What is the main benefit of Sinta's hobby?

- A. It improves her creativity and confidence
- B. It makes her avoid other people
- C. It gives her too much stress
- D. It decreases her creativity