

UNIT 6 Short Test A

Lesson 1

Imię i nazwisko: _____ Klasa: _____

1 Zakreśl wyrazy, które poprawnie uzupełniają poniższe zdania.

- 1 My brother regularly goes to the gym in order to **make** / **take** / **keep** fit.
- 2 Sue fell while she was rollerblading yesterday and she got **injury** / **hurt** / **pain** as a result.
- 3 Kate, are you going to **take** / **make** / **get** part in the swimming competition?
- 4 Our coach always reminds us to warm **off** / **out** / **up** before playing tennis.
- 5 I try to **make** / **do** / **practise** some exercise before breakfast every day, but sometimes I'm simply too sleepy.

____ / 5

2 Uzupełnij zdania odpowiednimi wyrazami. Niektóre litery wyrazów zostały podane.

- 1 It is very important to s _ _ e t _ _ after going jogging so that your muscles and joints stay flexible.
- 2 You should always wear a cycling helmet when you're riding a bike to p _ _ v _ n _ head injury.
- 3 I attend swimming classes in order to _ _ _ c t _ _ e my swimming technique.
- 4 It's a good idea to eat healthy _ n _ c _ _ to have enough energy to do sports.
- 5 I want to be in the school football team, so I'm going to t _ _ i _ _ very hard this season.

____ / 5

Total: ____ / 10

UNIT 6 Short Test B

Lesson 1

Imię i nazwisko: _____ Klasa: _____

1 Zakreśl wyrazy, które poprawnie uzupełniają poniższe zdania.

- 1 Whenever I'm playing volleyball, I wear knee pads to prevent **hurt** / **injury** / **health**.
- 2 Roger is planning to **get** / **make** / **take** part in an athletics competition next season.
- 3 You should sleep better if you **make** / **practice** / **do** some exercise outdoors every day.
- 4 My mum goes to an aerobics class every week in order to **make** / **keep** / **go** fit.
- 5 Don't forget to warm **up** / **out** / **off** before the game!

____ / 5

2 Uzupełnij zdania odpowiednimi wyrazami. Niektóre litery wyrazów zostały podane.

- 1 Diet is important, so I often eat healthy s _ _ c _ _ s before a match.
- 2 My skiing instructor is helping me to practise my skiing t _ _ _ n _ q _ _ .
- 3 Our team is going to _ r _ _ n very hard this season because we want to win the league.
- 4 I got _ _ r _ _ in a cycling accident last week – I broke my right arm.
- 5 My brother does karate and he goes to sports p _ _ _ _ _ c _ _ twice a week.

____ / 5

Total: ____ / 10