English Worksheet: Feelings & Emotions

1st Grade of Secondary

Vocabulary Expansion & Context Practice - Based on Easy English

Student's Name: ..... **Date:** ..... **Grade/Section:** .....

1. Vocabulary Guide (Guía de Vocabulario)

Review the emotions from the video, their meanings in Spanish, and typical examples of when we feel them.

Emotion	Meaning	Context / Example from Video
Happy	Feliz / Contento	A united family spending time together.
Sad	Triste	A little girl when she cannot play outside.
Upset	Molesto / Indignado	A student who fails an important exam.
Excited	Emocionado	A boy who wins a big competition.
Afraid	Asustado / Con miedo	A person who is terrified of a dog.
Angry	Enojado / Enfadado	Feeling intense irritation or displeasure.
Bored	Aburrido	Having nothing interesting or fun to do.
Tired	Cansado	How a woman feels after working hard all day.
Surprised	Sorprendido	Receiving an unexpected and nice present.
Nervous	Nervioso	Speaking in public or before an important event.
Proud	Orgulloso	A runner who successfully wins a race.
Sick	Enfermo	When you don't feel okay and need to rest.

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2. Practice Exercises (Ejercicios de Práctica)

Exercise A: Matching Contexts

Write the letter of the correct English emotion inside the box that best matches the Spanish context description.

1. El niño ganó la competencia escolar.	☐	**A)** Proud
2. La niña no puede salir a jugar porque llueve.	☐	**B)** Upset
3. Reprobó el examen y está muy afectada.	☐	**B)** Excited
4. Ganó la carrera pedestre y muestra su medalla.	☐	**D)** Sad
5. Ella vio un regalo sorpresa muy lindo.	☐	**E)** Surprised

Exercise B: Fill in the Blanks

Complete the sentences using the appropriate feeling from the word bank below.

AFRAID **SICK** **TIRED** **BORED** **HUNGRY**

1. The woman worked for 10 hours today. She feels very _____ .
2. "Are you okay?" - "No, I feel _____ , I need to see a doctor."
3. The boy has nothing to do at home and wants to cry. He feels _____ .
4. He hasn't eaten breakfast or lunch. He is very _____ .
5. The groom runs away because he is _____ of the dog.

Exercise C: Creative Express (Draw and Write)

Draw a simple emoji/face for each emotion listed below and write a short sentence explaining when you feel that way.

HAPPY	ANGRY	NERVOUS
(Draw here)	(Draw here)	(Draw here)

1. I feel **happy** when _____
2. I feel **nervous** when _____

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