SHAPE IT! 1

Unit 4
Standard Test

Name _____ Class _____ Date _____

GRAMMAR

1 Write *C* (countable) or *U* (uncountable) for the words in bold.

1 Do you have a **banana**? ____
2 I drink **water** every day. ____
3 I don't mind eating **tomatoes**. ____
4 Zoe always buys **chocolate**. ____
5 Let's buy some **milk** at the store. ____

5

2 Complete the sentences with *a*, *an*, *some*, or *any*.

1 Do you have _____ fruit for lunch?
2 We have _____ banana and two apples.
3 Joe has _____ chocolate in his bag.
4 They don't have _____ sugar.
5 Can I have _____ egg for breakfast?

5

3 Complete the dialogue with the correct form of the verb *to be*.

GAIL I'm so hungry! Let's make pasta and tomato sauce.
SAM We can't! There [1]_____ any tomatoes.
GAIL OK. What about rice and beans? [2]_____ there any beans in the cupboard?
SAM Yes, there are, but there [3]_____ any rice. There [4]_____ one potato.
GAIL Why isn't there any food in your house?
SAM There [5]_____ some stores near here. Let's go and buy something for dinner.

5

4 Circle the correct option.

1 I have … homework tonight.
a a lot of b many c much
2 There isn't … time before we eat.
a some b many c much
3 How … people are here for dinner?
a a lot of b many c much
4 We didn't eat … apples. Only three or four.
a any b many c some
5 Can I have … pasta, please? I'm really hungry.
a a lot of b many c much

5

5 Complete the sentences with a word or phrase in the box.

a lot of any many much some

1 Do we have _____ food for dinner? I'm really hungry.
2 We have _____ pasta.
3 How _____ rice do we need for three people?
4 There isn't _____ cheese in the fridge.
5 How _____ people live in your house?

5

6 Circle the correct option.

I love eating food and I love cooking food, too. There aren't [1]*many / much* kinds of food that I don't like. [2]*Some / Any* people only eat food from their country, but I eat food from all over the world. I don't have [3]*many / a lot of* time to cook during the week, but on the weekend, I often make things.

Sometimes mom and dad help me. There aren't [4]*many / much* people of my age that cook, but I really enjoy it. I want to be a TV chef. Is there [5]*any / many* food that you really love?

5

LIVEWORKSHEETS

VOCABULARY

7 Complete the food words. Then match them with the pictures.

a 

b 

c 

d 

e 

f 

g 

h 

i 

j 

1 m ___ ____
2 f ___ ___
3 c _____ ____
4 p _____ ____
5 j ____ ____
6 r ___ ____
7 b ____ _____
8 a ____ _____
9 c ____ _____
10 c ____ _____

10

8 Complete the sentences with the words in the box.

delicious	fresh	healthy	sweet	unhealthy

1 There is a lot of sugar in this food. It's very _____.
2 Fresh salad and vegetables are _____.
3 This soup is _____! Can I have some more?
4 Soda is _____. It isn't good for you.
5 This bread isn't _____. It looks old.

5

LISTENING

9 1.04 Listen to two friends talking. Circle the correct option.

1 Tom says that fish and chips are ... .
a delicious b healthy
2 Alice says that there are ... fish and chip shops in the UK.
a 10,000 b 10,500
3 There are ... baked beans in a can.
a 400 b 465
4 Bananas are an ... .
a fruit b herb
5 There are ... spoons of sugar in a can of soda.
a ten b nine

5

10 1.04 Listen again. Complete the sentences with one word or number.

1 Tom doesn't have much _____.
2 Tom thinks that there are _____ fish and chip shops in the UK.
3 Tom says there are _____ baked beans in a can.
4 Tom thinks bananas are a _____.
5 Tom thinks that soda is _____ but unhealthy.

10

LIVEWORKSHEETS

READING

11 Read the text.

Time for Food!

In today's blog, we hear about interesting snacks from two teenagers.

Julia

I'm from Oaxaca in Mexico. Many people here like eating grasshoppers for a snack, but I don't. I don't like them. My favorite food is *mole* and chicken with rice. To make the *mole* sauce, you mix chocolate, salt, pepper, and spices. My mom uses fruit and nuts, too. It tastes delicious – it's hot and sweet. It tastes amazing with meat.

Toshiya

I live in Nagano Prefecture in Japan. A lot of people in Japan eat fish, but Nagano is not near the ocean. There aren't many cows and sheep, so we don't eat much meat. Sometimes we eat grasshoppers called *inago*. They aren't expensive and we don't get them at the store – they live in the rice fields. We catch them and eat them with soy sauce and sugar. They are salty and sweet! My favorite street food is *hachinoko*. It is an insect, too. You make *hachinoko* from young bees. It's very healthy food – a lot of people here love it!

Circle the correct answer.

1 Julia ... grasshoppers.
A likes eating B doesn't like eating
C hates eating

2 Julia says ... makes *mole* in Mexico.
A everyone B her mother
C she

3 Julia says people eat *mole* with ... .
A meat B chocolate
C fish

4 People from Nagano get *inago* ... .
A in stores B in the fields
C on the street

5 Toshiya says ... eat *hachinoko.*
A a lot of people
B not many people
C healthy people

10

12 Read the text again. Answer *Yes* or *No*.

1 Does Julia eat meat? ____
2 Does *mole* have chocolate in it? ____
3 Do people in Nagano eat a lot of meat? ____
4 Does Toshiya buy grasshoppers at the store? _____
5 Is *hachinoko* good for you? ____

10

13 Match the words (1–5) with their definitions (a–e).

1	snack	a tasty	____
2	delicious	b costs a lot of money	____
3	expensive	c good for you	____
4	healthy	d a small meal	____
5	spicy	e hot	____

5

WRITING

14 Complete the sentences with *or*, *and*, or *but*.

1 I usually buy lunch from a food stall _____ a store.
2 There are lots of food stores, _____ not many good ones.
3 We don't like meat, so we usually add vegetables _____ fish to the rice.
4 I love eating salty food, _____ it isn't very healthy.
5 People usually eat a lot of fruit _____ vegetables for lunch here.

5

15 Write a description of food that you eat on special days. Remember to ...

- take some notes first.
- describe the food.
- say who makes it and what it's like.
- say when you eat it and who you eat it with.
- use *there is/are* and countable and uncountable nouns.
- use adjectives to describe food.
- use *and*, *but*, and *or*.

10

TOTAL SCORE 100

LIVEWORKSHEETS