

| Blue  | Green   | Yellow  | Red   |
|---|---|---|---|
|  |  |       |  |
| <p>Sick<br/>Tired<br/>Bored<br/>Moving<br/>Slowly</p>                             | <p>Happy<br/>Calm<br/>Feeling Okay<br/>Focused<br/>Ready to<br/>Learn</p>         | <p>Frustrated<br/>Worried<br/>Silly/Wiggly<br/>Excited<br/>Loss of Some<br/>Control</p> | <p>Mad/Angry<br/>Mean<br/>Yelling/Hitting<br/>Out of<br/>Control</p>                |

# FEELINGS

Look carefully at the following moods



Place them under the feeling that you think is correct

**Blue**

**Green**

**Yellow**

**Red**

