A Working Holiday

I'm just coming to the end of my working holiday. As you know, I **(27)** _____ spent two weeks on a farm. I applied to take part and received a list of small farms **(28)** _____ were looking for help. Working outside in the fields all day can be hard, but there was also **(29)** _____ chance to work with the animals. The farm I'm working on has sheep and I've really enjoyed working with them. In return for the hard work we've been fed and given a comfortable bed for the night. I really recommend it. **(30)** _____ you don't mind getting your hands dirty and doing physical work, it's a great way to spend your time. You don't need any skills, just the right attitude, and you need to be reasonably fit. **(31)** _____ are about ten people working on our farm of all ages, from teenagers up **(32)** _____ a 75-year-old man.

The Marathon

Well, the time has finally arrived. I'm running in my first marathon this weekend and I'm really looking forward to it. Over the past 17 weeks I've **(27)** ..... following a training plan. This has included four runs a week, each **(28)** ..... different speeds to improve my overall fitness. Sunday **(29)** ..... been the long run day and I've slowly increased how far I go each week. Some people argue you should try and get as close to the full 40 kilometres **(30)** ..... possible to increase your confidence. However, the long runs have become more and **(31)** ..... painful and I decided to stop at 30 kilometres. I've also been in the gym twice a week, working on strength-building exercises. I think I'm ready for the challenge but of course I won't know for sure **(32)** ..... I cross the finish line. I'll let you know how I get on next week!

Starting at college

Hi, my name's Emma. Welcome to the college! I've been studying here for a year now. Starting at college isn't easy, but I'm sure you'll soon feel at home. When I first started studying here last year, I was **(27)** ……..... nervous that I couldn't even ask anyone for help. I got lost five times on my first day!

Remember that **(28)** ……. student at the college has been new at one time, and understands how you feel. So **(29)** …….. you're not sure where to go, just ask – we're all happy to help!

You probably don't know many people here. To make some friends, **(30)** …. not spend break times with some of your new classmates in the café? Or how **(31)** …… joining one of the many clubs we have at the college? **(32)** …….. are lots to choose from.

Good luck on your new course!

LIVEWORKSHEETS

El Capitan

We're coming to the end of our holiday in America and have just (27) _____ to Yosemite National Park, California. I had to come here after I saw the documentary about Alex Honnold, (28) _____ did what experts thought was impossible and became (29) _____ first person to climb El Capitan without the help of ropes. This kind of climbing is known as free soloing. El Capitan is a vertical wall of granite 914 metres high and it took Honnold 3 hours and 56 minutes to complete the climb. Much of the time (30) _____ spent with him hanging on to the smallest pieces of rock with (31) _____ fingertips and the edges of his shoes. Alex spent over a year preparing for the challenge and everything, including the final climb, was filmed for a documentary. You really should try to see (32) _____ if you get the chance.

LIVEWORKSHEETS