

Tên:

Lớp: S8...

Ngày giao bài: Thứ, ngày/.....

Ngày nộp bài: Thứ, ngày/.....



Week: 38

Từ vựng HW:

Nghe HW:

SKILL BUILDER: LISTENING + SPEAKING

A. EXTRA VOCABULARY

Con bấm vào link/code để nghe và đọc lại từ vựng nhé:

<https://soundcloud.com/ms-chi-english/for-week-38-extra-vocabulary>



No.	New words	Meanings	No.	New words	Meanings
1	food intolerance (n)	tình trạng không dung nạp thực phẩm	10	exposure to something (phr.)	sự tiếp xúc với một chất/tác nhân nào đó
2	small intestine (n)	ruột non	11	lactose intolerant (adj)	không dung nạp lactose
3	nuanced differences (n)	những khác biệt tinh tế/khó thấy rõ	12	break down (phr.v)	phân hủy, phân giải
4	disproportionate response (n)	phản ứng quá mức	13	digestive issues (n)	vấn đề tiêu hóa
5	inappropriate response (n)	phản ứng bất thường	14	bloating (n)	đầy hơi, chướng bụng
6	proper diagnosis (n)	chẩn đoán chính xác/phù hợp	15	autoimmune condition (n)	bệnh/tình trạng tự miễn
7	scientifically proven (phr.)	được chứng minh về mặt khoa học	16	course of action (phr.)	hướng xử lý, cách hành động
8	controlled environment (n)	môi trường được kiểm soát	17	oral food challenge (n)	thử nghiệm dị ứng thực phẩm qua đường miệng
9	life-threatening (adj)	đe dọa đến tính mạng	18	go-to person (n)	người nên tìm đến để được giúp đỡ

B. CLASSWORK

LISTENING

Con làm bài nghe theo link/code sau:

https://www.youtube.com/watch?v=8GxhiuN_bY0



Watch the video and complete the sentences. Write **NO MORE THAN TWO WORDS** in each blank.

- Food allergies and food intolerances each require a _____ treatment.
- In a food allergy, the immune system responds to _____ proteins in certain foods.
- Allergic reactions usually happen quickly, often within 30 _____ of eating the food.
- A food intolerance means the body has trouble _____ certain foods.
- Celiac disease is triggered by eating foods containing _____.
- At-home food-sensitivity kits are not _____ diagnostic tools.
- An allergist can diagnose you by taking a good _____ and giving you an oral food challenge.

C. HOMEWORK

VOCABULARY (18 questions)

I. Con học thuộc nghĩa của từ, chính phát âm theo từ điển và chép mỗi từ ở phần A. Extra Vocabulary (trang 1) 1 dòng vào vở ghi.

II. Choose the correct answers.

- If milk gives him stomach problems, but it is not an allergy, he may have a _____.
A. food intolerance B. proper diagnosis C. controlled environment
- Some food allergies can be very serious and even _____.
A. scientifically proven B. digestive issues C. life-threatening
- After eating that food, she had stomach pain and other _____.
A. oral food challenge B. digestive issues C. nuanced differences
- You should talk to a doctor to get a _____, not guess by yourself.
A. proper diagnosis B. small intestine C. go-to person
- In a hospital, doctors can test food reactions in a safe and _____.
A. inappropriate response B. lactose intolerant C. controlled environment
- If you think you have a food allergy, an allergist is usually your _____.
A. course of action B. go-to person C. exposure to something

III. Fill in the blanks with the correct words/phrases in the box.

break down	scientifically	lactose intolerant
oral	condition	bloating

- My brother is _____, so he often feels unwell after drinking milk.
- Enzymes help the body _____ food into smaller parts.
- After eating too quickly, she had _____ and stomach pain.
- Celiac disease is an autoimmune _____, not a simple food intolerance.
- The doctor said the home test was not _____ proven, so we should not fully trust it.
- The allergist used a(n) _____ food challenge to check which food caused the reaction.

IV. Rearrange the words/phrases to make complete sentences.

- can / stomach problems / cause / A food intolerance / after meals.
→ _____
- food. / digest / helps / The small intestine / the body
→ _____
- are / between / nuanced differences / and intolerances. / There / allergies
→ _____
- can / without / life-threatening / be / A severe allergy / quick treatment.
→ _____
- can / help / patients / choose / A proper diagnosis / the right course of action.
→ _____
- should / controlled environment. / in / happen / An oral / a / food challenge
→ _____

LISTENING PRACTICE (7 questions)

Lưu ý:

1. Khi làm bài tập có từ mới, các con phải tra từ điển. Sau khi tra từ điển, các con chép mỗi từ mới 1 dòng để ghi nhớ.
2. Các con gạch chân các từ khóa chính trong bài.

Con làm bài nghe theo link/code sau:

https://www.youtube.com/watch?v=8GxhiuN_bY0

Choose the correct answer A, B, or C.



1.



What two food problems do people often confuse?

- A. Food allergies and food intolerances
- B. Food allergies and headaches
- C. Food intolerances and flu

2.



In the shellfish example, what can trigger an allergic reaction?

- A. Dairy
- B. Tropomyosin
- C. Gluten

3.



What does the immune system think the food particle is?

- A. A medicine
- B. A vitamin
- C. An invader

4.



Which symptom can happen in a mild allergic reaction?

- A. Hives
- B. Broken bones
- C. A cold

5.



What does a lactose-intolerant person not have enough of?

- A. Water
- B. An enzyme
- C. Protein

6.



When can food intolerance symptoms sometimes appear?

- A. Only after one month
- B. In the next few days
- C. Before eating

7.



What should you do if you are not sure about your food reaction?

- A. Take an at-home kit
- B. Stop eating all foods
- C. Talk to your doctor

