



1. For these questions, write the correct answer in each gap.
You will hear two friends talking about a school trip. Write one word or a number or a date or a time.

Date of trip: (1) _____

Travel by: (2) _____

Day of return: (3) _____

Cost of trip: (4) £ _____

Give money to: (5) Mrs _____

Bring: (6) _____ bag and warm clothes

2. Match the two sentence halves.

1. You don't have to buy

2. We mustn't use

3. Luke needn't worry

5. Maria ought to walk away

4. The students must be

a. our phones here. It's not allowed.

b. about his presentation.

c. when she feels annoyed at her sister.

d. on time for the exam.

e. me a present.

3. Choose three or five words to complete the sentences.

1. so/ such/ film/ boring/ good/ a/ that

It was _____ we
watched it a second time.

2. so/ good/ well/ that/ such/ players

Our team played _____ they
won the match

3. so/ that/ hard/ tired/ such

He went to the gym and worked _____
he had to recover.

4. that/ such/ so/ stressed/ stress

Helen has been _____ she
has started doing exercise to help

5. healthy/ so/ a/ that/ diet/ such

Kelly has _____ she never
gets the flu.

6. such/ that/ a/ film/ sad/ happy

The film was _____ everyone felt
miserable after watching it.

4. You have received the following message from a student called Liam:

Hi,

I'm writing to you because I really need some advice.

I'm a secondary school student, and recently I've been feeling very stressed about my studies. I have a lot of homework every day, and I also have many tests and exams. I try to study hard, but sometimes I feel tired and unmotivated.

I often compare myself with my classmates. Some of them get very high scores, and that makes me feel nervous and disappointed in myself. Because of this, I'm afraid of making mistakes in class, so I don't usually raise my hand or ask questions.

At home, my parents want me to get good results, but I think they don't really understand how much pressure I feel. I don't want to worry them, so I usually keep everything to myself.

I want to improve my grades, but I also want to feel happier and more confident at school. What should I do?

Thanks for reading my message.

Liam

Your task

Write a reply to Liam. In your writing, you should:

- Show understanding of Liam's feelings
- Give advice about studying and dealing with stress
- Suggest ways to feel more confident at school
- Give ideas about talking to parents or teachers



Write at least 250 words.

