

Good Sports! Practice Sheet

Name: _____ Date: _____

1. Match the Sport or Activity

Sports

1. ____ swimming	A. 🏐 You use a racket and a ball.
2. ____ basketball	B. 🏀 You throw the ball into a hoop.
3. ____ sailing	C. 🐟 You catch fish in a river or sea.
4. ____ skateboarding	D. 🕺 You move your body to music.
5. ____ volleyball	E. 🚤 You use a boat on the water.
6. ____ climbing	F. ♟️ A board game with black and white pieces.
7. ____ tennis	G. 🧗 You go up a wall or mountain.
8. ____ fishing	H. 🛹 You ride on a board with wheels.
9. ____ dancing	I. 🏐 Two teams hit a ball over a net.
10. ____ chess	J. 🏊 You move in the water.

2. Indoor or Outdoor?

Write **Indoor** or **Outdoor**.

Activity	Indoor / Outdoor
swimming	_____
dancing	_____
skateboarding	_____
chess	_____
volleyball	_____

riding a bike	_____
yoga	_____
fishing	_____
playing video games	_____
running	_____

3. Choose the Correct Place

Circle the correct answer.

1. You can play basketball at the:
a) sea
b) sports courts
c) classroom
2. You can swim in:
a) the sea
b) the classroom
c) the cinema
3. You can dance in the:
a) park
b) dance studio
c) sports courts
4. You study in the:
a) classroom
b) sea
c) cinema
5. You can walk and ride a bike in:
a) the park
b) the classroom
c) the sea

4. Complete with “want to”, “learn to”, or “practice”

1. I _____ play volleyball every Saturday.
2. She _____ swim because she has swimming lessons.
3. They _____ dance at the dance studio.
4. He _____ ride a skateboard.
5. We _____ play tennis after school.
6. My brother _____ climb mountains.
7. The girls _____ play basketball together.
8. I _____ sail with my dad.

5. Unscramble the Sentences

Put the words in order.

1. want / to / I / play / basketball

-
2. learn / she / to / wants / swim

-
3. practice / they / volleyball / after school

-
4. wants / skateboard / he / to

-
5. the park / we / in / running / practice

6. Complete with “who” or “where”

1. The boy _____ plays basketball is my friend.
2. The park _____ we ride bikes is big.
3. The girl _____ wants to dance is happy.
4. The classroom _____ we study English is clean.
5. The coach _____ teaches tennis is very kind.
6. The sea _____ people go sailing is beautiful.

7. Adverbs – How Do They Do It?

Choose the best adverb.

(carefully – quietly – well – dangerously – easily – loudly)

1. The baby sleeps _____.
2. The skateboarder rides _____ on the busy street.
3. She dances very _____.
4. The students talk _____ in the library.
5. He climbs the wall _____.
6. The teacher speaks _____ during the game.

8. Read and Choose

Read the text and answer.

Lucas is 10 years old. He loves sports. Every Saturday, he practices basketball at the sports courts with his friends. On Sundays, he goes sailing with his uncle at the sea. Lucas wants to learn to climb mountains one day.

1. Where does Lucas practice basketball?
 - a) at school
 - b) at the sports courts
 - c) at the cinema
2. Who does Lucas go sailing with?
 - a) his father
 - b) his friends
 - c) his uncle
3. What does Lucas want to learn to do?
 - a) dance
 - b) swim
 - c) climb mountains

9. Look and Write

Write complete sentences.

Example:

(girl / volleyball / sports courts)

The girl wants to practice volleyball at the sports courts.

1. (boy / skateboard / park)
2. (children / swim / sea)
3. (girl / dance / dance studio)
4. (friends / basketball / sports courts)
5. (boy / chess / classroom)

10. Mixed Challenge

Complete the paragraph.

(who – where – carefully – wants to – park – riding a bike)

Tom is a boy _____ loves outdoor activities. Every afternoon, he goes to the _____ with his sister. He likes _____ and walking. Tom always rides his bike _____ because he wears a helmet. He also _____ learn to play tennis.



Bonus Speaking Practice

Answer in complete sentences.

1. What sport do you want to practice?
2. Where do you practice sports?
3. What activity do you do well?
4. Who do you play with?