

Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions from 1 to 6.

Most people know that sleep is important, but few realise just how much the body depends on it. While you sleep, your brain still works hard to process information and strengthen memories from the day. Research shows that during deep sleep, the brain removes toxic proteins that could lead to serious illness. Sleep also plays a **vital** role in physical health. The immune system becomes stronger after a good night's rest. In contrast, people who regularly sleep fewer than six hours per night are more likely to suffer from stress and other diseases.

For teenagers, the situation is especially critical because they need between eight and ten hours of sleep per night for healthy brain development. However, many teens get less than this because of school schedules and social networking at night. Experts warn that lacks of sleep not only affect concentration but also become a serious **hazard** to their health. Simple changes, such as turning off devices one hour before bed, can make a difference.

Question 1. What is the main idea of the passage?

- A. Screen use at night causes teenagers to feel tired.
- B. Sleep is important to both physical and mental health.
- C. Teenagers need more sleep than adults do.
- D. Sleep plays a minor role in physical health.

Question 2. According to the passage, what does the brain do during deep sleep?

- A. It slows down completely.
- B. It produces new memories.
- C. It takes away harmful proteins.
- D. It is inactive and doesn't work.

Question 3. How many hours of sleep do teenagers need each night, according to the text?

- A. Exactly seven hours.
- B. At least six hours.
- C. From eight to ten hours.
- D. More than ten hours.

Question 4. Which of the following is TRUE according to the text?

- A. Turning off devices before bed can help improve sleep quality.
- B. People who sleep fewer than six hours are less likely to become ill.
- C. Social networking does not affect teenagers' sleep habits.
- D. The brain is completely inactive during sleep.

Question 5. Which word is OPPOSITE in meaning to "vital" in the passage?

- A. unpleasant
- B. unimportant
- C. essential
- D. demanding

Question 6. Which word is CLOSEST in meaning to "hazard" in the passage?

- A. priority
- B. function
- C. threat
- D. distraction

Mark the letter A, B, C, or D on your answer sheet to indicate the sentence that is closest in meaning to the original sentence in each of the following questions. **Tiếng Anh cô Phượng**

Question 7. "They visit their grandparents every weekend and have a very nice time together", she said.

- A. She said they visited their grandparents every weekend and had a very nice time together.
- B. She said they visited their grandparents every weekend and had a very nice time together.
- C. She said they will visit their grandparents every weekend and had a very nice time together.
- D. She said they visit their grandparents every weekend and had a very nice time together.

Question 8. I last visited my grandfather two weeks ago.

- A. I haven't visited my grandfather for two weeks.
- B. I haven't visited my grandfather for two weeks ago.
- C. My grandfather wasn't visited by me two weeks ago.
- D. I have visited my grandfather for two weeks.

Read the following sign or notice and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions.

Question 9. What does the notice say?

Forest Campsite

Now open from March till October.

Dogs welcome.

Farm shop in the next village.

- A. You can go shopping right in the campsite.
- B. You can take your pet to this campsite.
- C. This is a new campsite on a farm.
- D. You can stay in this campsite all year round.



**WARNING
LIMBS MAY FALL**

Question 10. What does the sign say?

- A. People should park their car under a large tree to stay safe.
- B. It is not allowed to cut down trees in this area.
- C. Leaves may fall onto the road because of strong winds.
- D. Be careful as branches or parts of a tree may fall down.

Mark the letter A, B, C, or D **Tiếng Anh cô Phương** on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 11 to 16.

(11) _____ is an important part of growing up for every teenager. In the past, children would rely on their parents for everything, from cooking to cleaning. However, modern teens are encouraged (12) _____ responsible. For example, good financial and time management can help students feel more confident and solve problems and stay organised. Of course, this is not always easy at first. Many students (13) _____ have too many tasks at once often feel overwhelmed, so it is better to start small — for example, by tidying their desk or making their bed every morning. (14) _____ parental involvement is essential. This should also be integrated into the school curriculum to (15) _____ students to make their own choices and prepare for adult life after graduation.

- | | | | |
|---|-------------------------------------|-------------|-------------|
| Question 11. A. Become independent | B. Becoming independent | | |
| C. Becoming independently | D. Become independently | | |
| Question 12. A. to learn basic life early skills | B. to learn basic life skills early | | |
| C. to early learn life skills basic | D. early to learn basic life skills | | |
| Question 13. A. easy | B. ease | C. easiness | D. easily |
| Question 14. A. whom | B. who | C. which | D. what |
| Question 15. A. Therefore | B. Otherwise | C. However | D. Although |
| Question 16. A. threaten | B. assist | C. prevent | D. suggest |

Mark the letter A, B, C, or D on your answer sheet to indicate the sentence that is made from the given cues in each of the following questions.

- Question 17.** Although / the man / take / taxi / arrive late / party.
- A. Although the man took a taxi, he arrived late for the party.
 - B. Although taking a taxi, the man arrived late for the party.
 - C. Although the man took taxi, he arrived late for the party.
 - D. Although the man took a taxi, but he arrived late for the party.
- Question 18.** The children / wish / they / go / to / amusement park / now.
- A. The children wish they had gone to the amusement park now.

- B. The children wish they will go to the amusement park now.
- C. The children wish they could go to the amusement park now.
- D. The children wish they are going to the amusement park now.

Mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions from 19 to 20.

Question 19. Put the sentences (a-c) in the correct order, then fill in the blank to make a logical text.

Dear Ms. Phuong,

I am writing to ask if it is possible to have some extra help with my English before the end-of-term exam.

(19) _____. I would be very grateful for any advice you can give me, as I really want to do well in the exam. (20) _____.

Yours sincerely,

Nguyen Le Gia Bach

- a. If you are busy, I completely understand, and I am happy to arrange another time that is more convenient for you.
- b. I wonder whether you could help me with some guidance on how to improve this skill after school one afternoon this week or next week.
- c. To be honest, I still find reading comprehension quite difficult although I have practised doing it almost every day.

A. a - c - b

B. a - b - c

C. c - b - a

D. b - a - c

Question 20. Choose the sentence that can fill the blank to complete the letter most appropriately.

- A. Thank you very much for reading my letter, and I look forward to hearing from you.
- B. I think this is everything I want to say, so goodbye for now.
- C. Anyway, just let me know whenever, no rush at all!
- D. In conclusion, extra academic support is essential for students who struggle with foreign language acquisition.

We learn - We shine

Mark the letter A, B, C, or D on your answer sheet to indicate the word that differs from the other three in the position of primary stress in each of the following questions.

Question 21. A. workshop B. visual C. unique D. culture

Question 22. A. delicious B. customer C. condition D. experience

Mark the letter A, B, C, or D on your answer sheet to indicate the word whose underlined part differs from the other three in pronunciation in each of the following questions.

Question 23. A. communicate B. translate C. classmate D. private

Question 24. A. whole B. weather C. write D. answer

Four phrases/sentences have been removed from the text below. For each question, mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 25 to 28.

- A. These traditions often reflect the values and beliefs

Tiếng Anh cô Phương

- B. weddings, harvest festivals, or new year ceremonies
- C. Young people, in particular, are often more attracted to modern lifestyles
- D. organising cultural events and teaching traditional arts and music in schools

Every culture in the world has its own traditions and customs that have been passed down from one generation to the next. (25) _____ that are most important to a community. For example, many families celebrate special occasions such as (26) _____ in ways that have remained unchanged for hundreds of years. However, as the world becomes more connected, some traditional customs are slowly disappearing. (27) _____ than to the practices of their ancestors. Despite this, many communities are making great efforts to preserve their heritage by (28) _____.

Question 25. _____ **Question 26.** _____ **Question 27.** _____ **Question 28.** _____

Mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions.

Question 29. All the museums in our city are _____ for people in wheelchairs.

- A. accessible B. additional C. productive D. liveable

Question 30. We _____ in the ballroom when the lights suddenly _____ out.

- A. were dancing / went B. danced / were going
C. danced / went D. were dancing / were going

Question 31. Many schools are trying their best to _____ bullying among students.

- A. make out B. give up C. come across D. cope with

Question 32. Susan _____ move into the new house if it isn't ready on time.

- A. oughtn't B. can't C. couldn't D. wouldn't

Question 33. Some old factories _____ toxic substances into the river every day.

- A. erupt B. release C. protect D. transmit

Question 34. At Hoa's house:

Hoa: "Make yourself at home." - Nga: " _____ "

- A. Yes, may I help you? B. That's kind of you. Thank you.
C. Not at all. Don't mention it. D. Thanks, same to you.

Tiếng Anh cô Phượng Question 35. Graduates often debate when _____ applying for jobs, with experiences varying between starting months before graduation versus immediately after.

- A. start B. to starting C. starting D. to start

Question 36. Travel agencies predict that _____ visitors travel to Phu Quy Island, the better the local economy will develop.

- A. more B. the more C. the most D. much more

Read the following announcement and mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 37 to 40.

MELODY FLOW: YOUR WEEKLY PREVIEW

Welcome back (37) _____ Melody Flow! Our app has just updated new features as follow.

New Arrivals: (38) _____ the latest albums from indie artists around Asia and be amazed by the combination of traditional instruments with modern beats.

Playlist of (39) _____ Week: Concentrate on your study with our 60-minute "Deep Focus" playlist.

Live Event: Join our private chat this Friday at 8:00 PM. This is an (40) _____ opportunity for selected fans to talk to your favourite artists. **Tiếng Anh cô Phượng**

Enjoy your music journey and stay tuned for more updates.

Question 37. A. of B. for C. from D. to

Question 38. A. Take up B. Try on C. Bring in D. Check out

Question 39. A. no article B. a C. and D. the

Question 40. A. exclusion B. exclusively C. exclude D. exclusive

THE END

GV coi không giải thích gì thêm và thu lại đề sau khi thu bài làm của HS.